

HELP Reads

HUMAN DEVELOPMENT RESEARCH REVIEW



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HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE

HELP's Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, including social and emotional learning, social and environmental determinants of health, child care, and more. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly <u>here</u>.

EDITOR PICKS

Thank you.... to the Aboriginal Steering Committee (ASC)

We are grateful to all members of the ASC for their ongoing guidance, community-based experience and knowledge. They so graciously offer their time and we are fortunate for all their contributions and hard work. Wishing all of you and your families the very best.

Please see the resources below to highlight National Indigenous History Month and June 21, National Indigenous Peoples Day.

Strength-based Indigenous public health emergencies research: Tl'etingox methodology.

Johanna Sam, Assistant Professor, Faculty of Education, UBC, and co-authors

"The relevance of the present study describes a localization approach of strength-based Indigenous community-based research, which has meaningful implications for understanding public health emergencies arising from the COVID-19 pandemic and climate change."

National Indigenous History Month.

Crown-Indigenous Relations and Northern Affairs

"June is National Indigenous History Month in Canada, a time to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit and Métis."

Explore local Indigenous cultures, language and territories

Vancouver Public Library resource page

Interactive map; Indigenous language learning resources, Indigenous reads, Indigenous films, and more,

Health data collected from Indigenous Peoples in Canada has a dark history. One Indigenous company is turning that around.

"When we build our software, we understand that 'health' to First Nations is more than health. It's not only about an individual, but also about wholistically building and supporting a Nation."

Integrating Indigenous culture into mental health support: apps can provide hope. Technology could provide much-needed support for Indigenous youth.

"...researchers at the University of Toronto and McMaster University explored how digital tools like the JoyPop[™] mobile app could offer a culturally resonant and communityinformed way to improve wellbeing among Indigenous youth."

















EDITOR PICKS

Do biases affect assessment in kindergarten? Educators discuss strategies for mitigation.

Magdalena Janus, Professor, McMaster University, and Affiliate Professor, School of Population and Public Health, University of BC, and co-authors

"Our team at the Offord Centre for Child Studies set out to understand more about how educators perceive the system for assessing kindergarten children's development, in the context of children's race, gender and family socioeconomic status."

Preventing exposure to intimate partner violence for mothers and children: A promising approach.

Nicole Catherine, Assistant Professor, Children's Health Policy Centre, Faculty of Health Sciences, Simon Fraser University, and co-authors

"Findings from the Canadian randomized controlled trial of Nurse-Family Partnership (NFP), a nurse home-visiting program for expectant mothers and their children, are promising."

Q&A with an MDI Champion: Craig Mah.

Craig Mah, District Principal, School District 43 (Coquitlam)

"As a part of our ongoing efforts to highlight meaningful ways in which the Middle Years Development Instrument (MDI) is being used across school districts, we sat down with Craig Mah, District Principal in School District 43 (Coquitlam).

Supports in the spotlight II: Supporting BC youth in and from government care.

McCreary's Youth Research Academy

"We analyzed data from the BC Adolescent Health Survey to identify supports that can help youth in and from care to experience more positive health and well-being. We found that...".

SAJE (Strengthening abilities and journeys of empowerment).

British Columbia Family and Social Supports, Youth and Family Services

"Historic improvements to supports for youth and young adults with care experience in British Columbia are now fully implemented and enshrined in legislation. This means young people with care experience may now access the SAJE program, which provides supports and services until the age of 27 ..."













EDITOR PICKS

A consensus statement on potential negative impacts of smartphone and social media use on adolescent mental health.

SSRN

"The impact of smartphones and social media use on adolescent mental health remains widely debated. To clarify expert opinion, we convened over 120 international researchers from 11 disciplines, representing a broad range of views....The following conclusions...."

Impact of the ParticipACTION Report Card on physical activity for children and youth in Canada: 2015–2024.

Leigh M Vanderloo, Scientific Director at ParticACTION, and co-authors

"Over the past 10 years, the ParticipACTION Children and Youth Report Card has continued to have a measurable, positive impact on the pediatric physical activity field in Canada (and beyond)."

Climate change connections in the B.C. curriculum: Kindergarten - Grade 3.

BC Ministry of Energy and Climate Change, Ministry of Education and Child Care

"Through valid, science-based information and locally adaptable teacher-created learning stories, this resource is designed to provide a practical, curriculum-aligned starting point for Kindergarten – Grade 3 (K-3) teachers in B.C. to teach about climate change in their classrooms."

Strong schools, stronger future. what Canadians expect from public education.

People for Education, Environics Institute

"...survey findings show that Canadians are most likely to rate teaching students the fundamentals in reading and math, and equipping students for the job market, as being critically important objectives for public schools. But majorities also see a range of other goals as critical, including teaching students how to be good citizens, how to manage their emotions, how to safely use the Internet and social media, and how to make healthy lifestyle choices..."

Pathways to quality childcare for all in Saskatchewan.

Childcare Canada

"This paper sketches the context of early learning and child care under the Canada-wide plan, and then reviews Saskatchewan's child care history and current policyscape. It highlights..." Climate Change Connections in the B.C. Curriculum: Kindergarten - Grade 3



ccasional paper

Pathways to







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HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

- Catherine N, Waddell C, MacMillan H. Preventing exposure to intimate partner violence for mothers and children: A promising approach. The Conversation. 2025. Available from: <u>https://theconversation.com/preventing-exposure-to-intimate-partner-violence-for-mothers-andchildren-a-promising-approach-253831</u>.
- Sam J, Mirza N, Grinder B, Stump A, Grinder P, Grinder P, et al. Strength-based Indigenous public health emergencies research: Tl'etinqox methodology. Toronto, ON: University of Toronto; 2025 May. Available from: <u>https://jps.library.utoronto.ca/index.php/ijih/article/view/43194</u>.

HELP RESOURCES

 Human Early Learning Partnership. Q&A With an MDI Champion: Craig Mah. Vancouver, BC: University of British Columbia, Faculty of Medicine, School of Population and Public Health; 2025 Jun 3. Available from: <u>https://earlylearning.ubc.ca/qa-with-an-mdi-champion-craig-mah/</u>.

MEDIA

- 1. Sandseter E. A Norwegian Approach to Supporting Children's Risky Play. 2025 [May 16]; Available from: <u>https://www.afterbabel.com/p/a-norwegian-approach-to-supporting</u>.
- Szklarski C. Canadian youth struggle with making friends and bullying: UNICEF report. TriCity News. 2025 May 14. Available from: <u>https://www.tricitynews.com/national-news/canadian-youth-struggle-with-making-friends-and-bullying-unicef-report-10657409</u>.

1. CHILD DEVELOPMENT

- 1.i. General, Cognition
- People for Education, Environics Institute. Strong Schools, Stronger Future. What Canadians Expect from Public Education. Toronto, ON: Environics Institute for Survey Research; 2025. Available from: <u>https://www.environicsinstitute.org/docs/default-source/default-document-library/strong-schools-</u> <u>stronger-future.pdf?sfvrsn=712eddbe_1</u>.

1.ii. Communication, Language. Literacy

 Le Diagon S, Jacquel M, Van der Henst J-B, Prado J. Individual differences in executive functions and theory of mind mediate the relation between academic skills from kindergarten to 5th grade. PLoS One. 2025;20(6):e0324547. Available from: <u>https://doi.org/10.1371/journal.pone.0324547</u>.



1.iii. Socioemotional Learning, Other

- Mosby V, Mensinga J. Social-emotional learning and skills development in pre-school aged children attending playgroup in Australia: A scoping review of the perceived benefits. Australasian Journal of Early Childhood. 2025;50(2):115-30. Available from: <u>https://journals.sagepub.com/doi/abs/10.1177/18369391241306766</u>.
- Sanyaolu O, Robertson A, Addy TNA, Nabors LA. Parent Perceptions of an Anxiety Prevention Manual for Young Children. Int J Environ Res Public Health. 2025;22(6):833. Available from: <u>https://www.mdpi.com/1660-4601/22/6/833</u>.
- Ye L, Tai Z. Exploring the Relationship Between Students' Physical Activity and Academic Achievement in Different Social Environments. European Journal of Education. 2025;60(2):e70134. Available from: <u>https://onlinelibrary.wiley.com/doi/abs/10.1111/ejed.70134</u>.

2. CHILD CARE, EDUCATION, PARTNERSHIPS

- 2.i. Connections, Hubs, Partnerships
- Friendly M, Prentice S. Pathways to quality childcare for all in Saskatchewan. Occasional paper 38. Toronto, ON: Childcare Canada, Childcare Resource and Research Unit; 2025 Jun. Available from: <u>https://childcarecanada.org/publications/occasional-paper-series/25/06/pathways-quality-child-care-all-saskatchewan#:~:text=This%20paper%20sketches%20the%20context,care%20history%20and%20current %20policyscape.
 </u>

2.ii. Initiatives, Interventions

 Cibralic S, Wu WT, Ahinkorah BO, Lam-Cassettari C, Woolfenden S, Kohlhoff J, et al. Systematic review and meta-analysis of home visiting interventions aimed at enhancing child mental health, psychosocial, and developmental outcomes in vulnerable families. BMC Pediatr. 2025;25(1):314. Available from: <u>https://doi.org/10.1186/s12887-025-05580-1</u>.

2.iii. Programs, Services, Other

1. Azer B, Dyson K, Ivaturi S. **Children and youth in care**. 197. 2025. Available from: <u>https://www.cmaj.ca/content/197/22/E626</u>.

3. EARLY ENVIRONMENTS

3.i. Biological Sensitivity to Context, Cortisol, Epigenetic



 Brendgen M, Vitaro F, Zheng Y, Girard A, Dionne G, Boivin M. Gene–environment interplay linking friends' antisociality with different developmental trajectories of antisocial behavior during adolescence. Dev Psychol. 2025:No Pagination Specified-No Pagination Specified.

3.ii. Adversity, Resilience

3.iii. Other

4. ENVIRONMENTAL HEALTH

4.i. Climate Change

- 1. Bastug KA, Schwartz EL, Sam-Agudu NA. The impact of environmental changes on infectious diseases among children in North America. Curr Opin Pediatr. 2025;37(2). Available from: <u>https://journals.lww.com/co-pediatrics/fulltext/2025/04000/the impact of environmental changes on infectious.7.aspx.</u>
- British Columbia Ministry of Energy and Climate Change, British Columbia Ministry of Education and Child Care. Climate Change Connections in the B.C. Curriculum: Kindergarten - Grade 3. Victoria, BC: Government of British Columbia; 2025. Available from: <u>https://www2.gov.bc.ca/assets/gov/environment/climatechange/climate-literacy/bc climate change curriculum k-3.pdf</u>.
- Canadian Partnership for Children's Health & Environment. A Collective Call for Action to Protect Children from Extreme Heat in Schools and Child Care Settings. Toronto, ON: CPCHE; 2025 04 15. Available from: <u>https://healthyenvironmentforkids.ca/wp-content/uploads/2025/04/HELD-Call-To-Action-2025-EN.pdf</u>.
- Cooper ME, Cunsolo A, Aylward B, Yamamoto SS, Harper SL. "Feeling your emotions is an act of rebellion:" How climate cafés across Canada support youth wellbeing during the climate crisis. Soc Sci Med. 2025;376:. Available from: <u>https://www.sciencedirect.com/science/article/pii/S0277953625003326</u>.

4.ii. Urban Design, Child Friendly Cities, Rural, Greenspace

4.iii. Exposures, Other

- 1. Akaraci S, Macfarlane A, Rammah A, Courtin E, Lewis E, Miller F, et al. Kids' Environment and Health Cohort: Database Protocol: supplementary appendix. Int J Popul Data Sci. 2025;10(1):2475.
- McKenzie LM, Allshouse WB, Johnson DR, DeVoe CC, Cockburn M, Ghosh D. Exposures from Oil and Gas Development and Childhood Leukemia Risk in Colorado: A Population-Based Case–Control Study. Cancer Epidemiol Biomarkers Prev. 2025;34(5):658-68. Available from: <u>https://doi.org/10.1158/1055-9965.EPI-24-1583</u>.



 Wehby GL. Early-Life Low Lead Levels and Academic Achievement in Childhood and Adolescence. JAMA Network Open. 2025;8(5):e2512796-e. Available from: https://doi.org/10.1001/jamanetworkopen.2025.12796.

5. MENTAL HEALTH

- 5.i. Happiness, Wellbeing, Distress
- 1. Adhanom Ghebreyesus T. Investing in adolescent health and wellbeing to secure sustainable progress. The Lancet. 2025. Available from: https://doi.org/10.1016/S0140-6736(25)00867-0.
- Baird S, Choonara S, Azzopardi PS, Banati P, Bessant J, Biermann O, et al. A call to action: the second Lancet Commission on adolescent health and wellbeing. The Lancet. 2025. Available from: <u>https://doi.org/10.1016/S0140-6736(25)00503-3</u>.
- Frank K, Kingsbury M, Richards E. Who is reaching out for help? Examining access to mental health and substance use health supports among girls and young women in Canada. Health Rep. 2025. Available from: https://www150.statcan.gc.ca/n1/pub/82-003-x/2025005/article/00001-eng.htm.
- Hargrave TM, Cain KN. Building Better Brains: The Workshop. Child Adolesc Psychiatr Clin N Am. 2025;34(2):169-81. Available from: https://www.sciencedirect.com/science/article/pii/S1056499324000907.
- Jhumi M, Ooi L, Roberts K, Varin M. Coping and positive mental health in Canada among youth and adults: findings from a population-based nationally representative survey. Health Promotion and Chronic Disease Prevention in Canada. 2024;45(5):238-48. Available from: <u>https://doi.org/10.24095/hpcdp.45.5.02</u>.
- Lancet T. A wake-up call: the second Commission on adolescent health. The Lancet. 2025. Available from: <u>https://doi.org/10.1016/S0140-6736(25)00863-3</u>.
- 7. McCreary Youth Research Academy (YRA). Supports in the spotlight II: Supporting BC youth in and from government care. Vancouver, BC: McCreary Centre Society; 2025 Jun.
- Patton GC, Sawyer SM, Santelli JS, Ross DA, Afifi R, Allen NB, et al. Our future: a Lancet commission on adolescent health and wellbeing. The Lancet. 2016;387(10036):2423-78. Available from: <u>https://doi.org/10.1016/S0140-6736(16)00579-1</u>.
- Rehill N, Halvorsrud K, Shand J, Fonagy P, Raine R. The Impact of Place-Based Approaches Addressing Mental Health and Substance Use Among Adolescents: A Systematic Review of the Literature. Public Health Rev. 2025;Volume 45 - 2024. Available from: <u>https://www.ssph-journal.org/journals/public-health-reviews/articles/10.3389/phrs.2024.1607955</u>.
- 10. The Lancet. A wake-up call: the second Commission on adolescent health. The Lancet. 2025;405(10493):1883. Available from: <u>https://doi.org/10.1016/S0140-6736(25)00863-3</u>.

5.ii. Sleep, Screentime

- Caprar V, Globig L, Rausch Z, Rathje S, Wormley A, Olson J, et al. A Consensus Statement on Potential Negative Impacts of Smartphone and Social Media Use on Adolescent Mental Health. SSRN. 2025. Available from: <u>https://papers.ssrn.com/sol3/papers.cfm?abstract_id=5256747</u>.
- Choi EJ, Christiaans E, Duerden EG. Screen time woes: Social media posting, scrolling, externalizing behaviors, and anxiety in adolescents. Comput Human Behav. 2025;170:108688. Available from: <u>https://www.sciencedirect.com/science/article/pii/S0747563225001359</u>.



 Harverson J, Paatsch L, Anglim J, Horwood S. Digital technology use and well-being in young children: A systematic review and meta-analysis. Comput Human Behav. 2025;168:108660. Available from: <u>https://www.sciencedirect.com/science/article/pii/S0747563225001074</u>.

5.iii. Healthy Habits, Substance Use, Other

6. PHYSICAL HEALTH, MOBILITY

6.i. Active Transportation

6.ii. Activities, Sports

Guo L, He H, Wang C. Are school-based behavioural interventions an effective strategy for improving physical activity and sedentary behaviour in children and adolescents? A meta-analysis. Frontiers in Pediatrics. 2025;Volume 13 - 2025. Available from:

https://www.frontiersin.org/journals/pediatrics/articles/10.3389/fped.2025.1532035.

 Vanderloo LM, Bruijns BA, Kuzik N, Stone E, Tremblay MS. Impact of the ParticipACTION Report Card on physical activity for children and youth in Canada: 2015–2024. Journal of Exercise Science & Fitness. 2025;23(2):102-11. Available from: https://www.sciencedirect.com/science/article/pii/S1728869X25000115.

6.iii. Outdoor Play, Independent Mobility, Other

7. EQUITY, DIVERSITY, INCLUSION, INDIGENIZATION

7i. Indigenous

- Crown-Indigenous Relations and Northern Affairs Canada. National Indigenous History Month. Ottawa, ON: Government of Canada; 2025. Available from: <u>https://www.rcaanccirnac.gc.ca/eng/1466616436543/1534874922512</u>.
- First Nations Health Authority. Calling all First Nations: It's time to get active. West Vancouver, BC: First Nations Health Authority; 2025. Available from: <u>https://www.fnha.ca/about/news-and-events/news/calling-all-first-nations-its-time-to-get-active</u>.
- 3. Huber C. Health data collected from Indigenous Peoples in Canada has a dark history. One Indigenous company is turning that around. 2025 [Jun]; Available from: <u>https://www.cma.ca/latest-stories/health-data-collected-indigenous-peoples-canada-has-dark-history-one-indigenous-company-turning</u>.
- Kirby T. Anna Banerji-champion for Canada's Indigenous peoples. The Lancet Infectious Diseases. 2025;25(6):612. Available from: <u>https://doi.org/10.1016/S1473-3099(25)00294-4</u>.
- 5. McCalman J, Nona M, Edwards M, Willett L, Fagan R, Saunders V, et al. Shifting the focus of child and youth wellbeing programs from crisis to prevention: a mixed methods study of the role of First Nations'



community-controlled organisations. BMC Health Serv Res. 2025;25(1):695. Available from: <u>https://doi.org/10.1186/s12913-025-12830-6</u>.

- Nicholson L. Urban pathways to justice: exploring Indigenous women's urban park, trail, bike and nature experiences and impacts on wellness. Winnipeg, MB: University of Manitoba; 2025. Available from: <u>https://mspace.lib.umanitoba.ca/items/5af413f1-dbc9-441d-9d59-b3293f1266af</u>.
- Northwest Territories Health and Social Services Authority. Honouring the Voices of Indigenous Peoples Report. Yellowknife, NWT: Government of NWT; 2025 May. Available from: <u>https://www.nthssa.ca/en/honouring-voices-indigenous-peoples-report</u>.
- Sam J, Mirza N, Grinder B, Stump A, Grinder P, Grinder P, et al. Strength-based Indigenous public health emergencies research: Tl'etinqox methodology. Toronto, ON: University of Toronto; 2025 May. Available from: <u>https://jps.library.utoronto.ca/index.php/ijih/article/view/43194</u>.
- 9. Science Canada. Integrating Indigenous Culture Into Mental Health Support: Apps Can Provide Hope. Science Canada; 2025. Available from: <u>https://www.sciencecanada.ca/post/first-nations-mental-health-app</u>.
- Statistics Canada. Infant mortality rates of Indigenous populations in Canada, 1994-1996, 2004-2006 and 2014-2016. Ottawa, ON: Statistics Canada; 2025 Jun. Available from: <u>https://www150.statcan.gc.ca/n1/en/catalogue/412000022025012</u>.
- 11. Vancouver Public Library. **National Indigenous History Month**. Vancouver, BC: Vancouver Public Library; 2025. Available from: <u>https://www.vpl.ca/program/national-indigenous-history-month</u>.
- 7.ii. Diverse Populations (BIPOC, LGBTQIA2S+, Immigrant, Refugee, People with Disabilities, Autism, Low Income...)

7.iii. Place Matters, Other

 Gresham B, Karatekin C. A Scoping Review of Neighborhood Effects and Health Among Children and Adolescents: Measurement and Design Characteristics. J Community Psychol. 2025;53(4):e70013. Available from: <u>https://onlinelibrary.wiley.com/doi/abs/10.1002/jcop.70013</u>.

8. SOCIAL DETERMINANTS, PUBLIC POLICY

- 8.i. Education, Income (poverty)
- Dave DM, Kaestner R, Lyu W, Wehby GL. Effects of family income on child academic achievement: Evidence from changes in the minimum wage. Southern Economic Journal. 2025;n/a(n/a). Available from: <u>https://onlinelibrary.wiley.com/doi/abs/10.1002/soej.12777</u>.
- Savage L, Broadbent E. Ed's Vision for a Canada Free from Child Poverty. Ottawa, ON: Broadbent Institute; 2025. Available from: <u>https://broadbentinstitute.ca/research/ed-broadbent-child-</u> <u>poverty/#:~:text=Edward%20Broadbent%20(Oshawa)%20moved%3A,children%20by%20the%20year%20</u> <u>2000</u>.



8.ii. Housing, Food Security, Family Policy

 Galvez-Hernandez P, Shankardass K, Puts M, Tourangeau A, Gonzalez-de Paz L, Gonzalez-Viana A, et al. Mobilizing community health assets through intersectoral collaboration for social connection: Associations with social support and well-being in a nationwide population-based study in Catalonia. PLoS One. 2025;20(3):e0320317. Available from: <u>https://doi.org/10.1371/journal.pone.0320317</u>.

8.iii. Proportionate Universality, Other

- British Columbia Ministry of Health. Age forward strategy. Victoria, BC: Government of British Columbia; 2025 Mar 10. Available from: <u>https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/health-priorities/age-forward-strategy</u>.
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- Sheehan P, Sweeny K, Rasmussen B, Wils A, Friedman HS, Mahon J, et al. Building the foundations for sustainable development: a case for global investment in the capabilities of adolescents. The Lancet. 2017;390(10104):1792-806. Available from: <u>https://doi.org/10.1016/S0140-6736(17)30872-3</u>.

9. COMPASSIONATE SYSTEMS, TOOLS, OTHER

- 9.i. Leadership
- 9.ii. Measurement, Monitoring, Screening

9.iii. Ethics, Research Data Management

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The Human Early Learning Partnership is situated within the traditional, ancestral and unceded territory of the $x^w m \partial k^w \partial y' \partial m$ (Musqueam) People.



For more information visit www.earlylearning.ubc.ca/library/citations

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