

HELP

INDIGENOUS NATIONS &
LANGUAGES IN CANADA

HELP is building a comprehensive list of First Nations, Inuit Nunangat communities and Métis Nation Homeland (including Métis Settlements and historic Métis communities) and all their spoken languages. These lists support population health surveys and resources that parents/caregivers, educators and children can use when completing a HELP survey or for general reference. The list below is organized by First Nations, Inuit Nunangat communities and Métis Nation Homelands across provinces and territories, and references self-identified traditional names, spellings and respectful terminology.

These lists are part of the ongoing, collective work toward change and improving the health and well-being of First Nations, Inuit and Métis children and their families. Through guidance of our Aboriginal Steering committee (ASC), we are developing procedures to support First Nations, Inuit and Métis regional and territorial governments who require timely access to data in order to plan, manage and account for investments and outcomes – their children and families' well-being. We know that like any other government, Indigenous governments need data to provide evidence and information for effectively exercising self-determination and decision-making for achieving improved outcomes and serving the needs of their citizens, especially for their children and youth.

We invite people to review and contribute to these lists to keep them current and accurate. Please email us at indigenous.initiatives@help.ubc.ca.

FIRST NATIONS

BRITISH COLUMBIA

Adams Lake Indian Band (Sexqeltqín)	Ditidaht First Nation	Haisla Nation
Ahousaht First Nation	Doig River First Nation (TSAA? ÇHÉ NE DANE)	Haida (Xaadáa/XaaydaGa) - Gaw Tlagée Old Massett
Aitchelitz First Nation (Áthelets)	Dzawaḏʷenuxw First Nation	Haida (Xaadáa/XaaydaGa) - HlGaagilda Skidegate
Ashcroft Indian Band	Ehattesaht/Chinehkint First Nation (?iiẖatisatẖ činaḡint)	Halalt First Nation
Binche Whut'en	Esk'etemc First Nation	Halfway River First Nation
Blueberry River First Nations	Esquimalt Nation (Xwsepsum)	Heiltsuk Nation (Haítzaqv)
Bonaparte Indian Band (St'uxwtéws)	Fort Nelson First Nation	Hesquiaht First Nation
Boothroyd Indian Band	Gingolx	High Bar First Nation (Llenlénéy'ten)
Boston Bar First Nation	Gitanmaax Band	Homalco First Nation (Xwe'malhkwa)
Champagne and Aishihik First Nations (CAFN)	Gitanyow Nation	Hupačasath First Nation
Chawathil First Nation	Gitga'at Nation	Huu-ay-aht First Nations
Cheam First Nation (Xwchíyò:m)	Gitlax̱t'aamiks	Hwlitsum First Nation
Cheslatta Carrier Nation	Gitsegukla First Nation	Iskut Band Council
Coldwater Indian Band	Gitwangak Indian Band	Ka'yú:k't't'h'/Che:k:tlés7et'h' First Nations
Cook's Ferry Indian Band	Gitwinksihlkw	Kanaka Bar Indian Band (T'eqt'aqtn'mux)
Cowichan Tribes	Gitxaała Nation	Katzie First Nation
Da'naxda'xw/Áwaetḻala First Nation	Gwa'sala-'Nakwaxda'xw Nations	Kenpésq't (Shuswap Indian Band)
Daylu Dena Council	Gwawaenuk Tribe	
Dease River First Nation	Hagwilget First Nation Government	

Kispiox Band / Anspayaxw	Nuchatlaht First Nation	ST̓ÁUTW First Nation (Tsawout)
Kitasoo / Xai'xais Nation	Nuxalk Nation	Stellat'en First Nation
Kitselas First Nation (Gitselasu)	Okanagan Indian Band	Sts'ailes
Kitsumkalum, a Galts'ap of the Tsimshian Nation	Oregon Jack Creek Band	Stswecem'c Xgat'tem First Nation (Canoe Creek and Dog Creek)
Klahoose First Nation	Osoyoos Indian Band	Stz'uminus First Nation
K'ómoks First Nation	Pacheedaht First Nation	Sumas First Nation (Sema:th)
Kwadacha Nation (Tsek'ene)	Pauquachin First Nation (BOKÉCEN)	T'exel'c Williams Lake Band
Kwakiutl Band Council	Penelakut Tribe	T'it'q'et First Nation
Kwantlen First Nation	Penticton Indian Band	T'Sou-ke Nation
Kwaw-kwaw-apilt First Nation	Peters First Nation	Takla Nation
Kwiahah First Nation	Pópkw'em First Nation	Taku River Tlingit First Nation
Kwikwasut'inuxw Haxwa'mis First Nation	Prophet River First Nation (Dene Tsaa Tse K'Nai)	Tāhtān Nation
Kwikwetlem First Nation	Qayqayt First Nation (New Westminster)	Tk'emlúps te Secwépemc
Lake Babine Nation	Qualicum First Nation	TI'azt'en Nation
Lax Kw'alaams Band	Quatsino First Nation	TI'esqox of the Tsilhqot'in
Laxgalts'ap	Saik'uz First Nation	TI'etingox-t'in Government
Leq'á:mel First Nation	Samahquam Nation	Tla'amin First Nation
Lheidli-T'enneh First Nation	Saulteau First Nations	Tla-o-qui-aht First Nations
Lhoosk'uz Dené Nation	Sc'ianew First Nation (Beecher Bay)	Tlatlasikwala First Nation
Lhtako Dené Nation	Seabird Island Band	Tlowitsis Nation (Ławit'sis)
Liard First Nation	Sekw'el'was (Cayoos Creek Band)	Toquaht Nation (łuk'aaʔath)
Lílwat Nation	Semiahmoo First Nation	Ts'kw'aylaxw First Nation
Little Shuswap Lake	Shackan Indian Band	Ts'uubaa-asatx Nation (formerly Lake Cowichan First Nation)
Lower Kootenay Band (Yaqan Nukiy)	shíshálh Nation	Tsal'alh (Seton Lake)
Lower Nicola Indian Band	Shxwhá:y Village	Tsawwassen First Nation (scəwəθən məteyæxʷ)
Lower Similkameen Indian Band	Shxw'ōwhámel First Nation	Tsay Keh Dene Nation
Lyackson First Nation	Sik-E-Dakh (Glen Vowell)	Tseshaht First Nation (čišaaʔath)
Lytton First Nation	Simpcw First Nation	Ts'idedel First Nation
Malahat First Nation (MÁLEXEŁ)	Siska Indian Band	Ts'il Kaz Koh (Burns Lake Band)
Mamalilikula First Nation	Skatin Nations	Tsleil-Waututh Nation
Matsqui First Nation	Skawahlook First Nation (Sq'ewá:lxw)	Tsq'escen' First Nation (Canim Lake Band)
McLeod Lake Indian Band (Tse'khene)	Skeetchestn Indian Band	Tzeachten First Nation (Ch'íyáqtel)
Metlakatla First Nation	Skin Tyee Nation	Uchucklesaht Tribe
Mowachaht/Muchalaht First Nation	Skowkale First Nation (Sq'ewqéyl)	Ulkatcho First Nation
Musqueam Indian Band (xʷməθkʷəy̓əm)	Skuppah Indian Band	Union Bar First Nation
N'Quatqua First Nation	Skwah First Nation	Upper Nicola Band
Nadleh Whut'en First Nation	Snaw-naw-as Nanoose First Nation	Upper Similkameen Indian Band
Nak'azdli Whut'en First Nation	Snuneymuxw First Nation	We Wai Kai Nation
'Namgis First Nation	Songhees Nation	Wei Wai Kum First Nation
Nazko First Nation	Soowahlie First Nation	West Moberly First Nations
Nee-Tahi-Buhn	Splatsín First Nation	Westbank First Nation
Neskonlith Indian Band	Spuzzum First Nation	Wet'suwet'en First Nation
Nicomen Indian Band	Sq'éwlets First Nation (Scowlitz)	Whispering Pines / Clinton Indian Band (Peltiq't)
Nooaitch Indian Band	Squamish Nation (Skwxwú7mesh Uxwumixw)	Witset First Nation
	Squiala First Nation	

WJŌŁŁŁP (Tsartlip First Nation)
 WSIKEM (Tseycum First Nation)
 Wuikinuxv Nation (Rivers Inlet)
 Xa'xtsa (Douglas First Nation)
 Xatśūll First Nations (Soda Creek
 Indian Band)
 Xaxli'p (Fountain)

Xeni Gwet'in First Nations
 Government
 Xwísten (Bridge River Indian Band)
 Yakweakwioose First Nation
 (Yeqwyeqwi:ws)
 Yale First Nation
 Yaq̓it ʔa-knuq̓i'it (Tobacco Plains
 Indian Band)

Yekooche First Nation
 Yunešit'in Government
 Yuuʔuʔiʔath Government
 ʔakisq̓nuk (Akisq̓nuk First Nation)
 ʔaq̓am (St. Mary's)
 ʔEsdilagh First Nation Government

ALBERTA

Alexander First Nation, #134 Treaty 6
 Alexis Nakota Sioux Nation
 Athabasca Chipewyan First Nation
 Beaver First Nation
 Beaver Lake Cree Nation
 Bigstone Cree Nation
 Chipewyan Prairie First Nation
 Cold Lake First Nations
 Dene Tha' First Nation
 Driftpile Cree Nation
 Duncan's First Nation
 Enoch Cree Nation
 Ermineskin Cree Nation #138
 Fort McKay First Nation
 Fort McMurray 468 First Nation
 Frog Lake Cree Nation

Heart Lake First Nation #469
 Horse Lake First Nation
 Kainaiwa/Blood Tribe
 Kapawe'no First Nation
 Kehewin Cree Nation #123
 Little Red River Cree Nation
 Loon River First Nation
 Louis Bull Tribe #439
 Lubicon Lake Band #453
 Mikisew Cree First Nation
 Montana First Nation #139
 O'Chiese First Nation
 Paul First Nation #441
 Peerless Trout First Nation
 Piikani Nation
 Saddle Lake Cree Nation #125

Samson Cree Nation #137
 Sawridge First Nation
 Siksika Nation
 Smith's Landing First Nation
 Stoney Nakoda First Nation
 Sturgeon Lake Cree Nation
 Sucker Creek First Nation
 Sunchild First Nation
 Swan River First Nation
 Tallcree First Nation
 Tsuut'ina Nation
 Whitefish Lake First Nation #128
 Whitefish Lake First Nation #459
 Woodland Cree First Nation #474

SASKATCHEWAN

Ahtahkakoop Cree Nation
 Beardy's and Okemasis First Nation
 Big Island Lake Cree Nation
 Big River First Nation
 Birch Narrows Dene Nation
 Black Lake Denesuline First Nation
 Buffalo River Dene Nation
 Canoe Lake Cree First Nation
 Carry The Kettle Nakoda Nation
 Clearwater River Dene Nation
 Cote First Nation 366
 Cowessess First Nation
 Cumberland House Cree Nation
 Day Star First Nation #87
 English River First Nation
 Fishing Lake First Nations
 Flying Dust First Nation
 Fond du Lac Denesūᑭiné First Nation
 George Gordon First Nation (Ka-

něwo-kaskwatěw)
 Hatchet Lake Denesūᑭiné First Nation
 James Smith Cree Nation
 Kahkewistahaw First Nation
 Kawacatoose First Nation #88
 Keeseekoose First Nation
 Kinistin Saulteaux Nation
 Lac La Ronge Indian Band
 Little Black Bear's Band of Cree &
 Assiniboine Nations
 Little Pine First Nation
 Lucky Man Cree Nation
 Makwa Sahgaiehcan First Nation
 Ministikwan Lake Cree Nation
 Mistawasis Nēhiyawak
 Montreal Lake Cree Nation
 Moosomin First Nation
 Mosquito Grizzly Bear's Head Lean
 Man Assiniboine Nation
 Muscowpetung Saulteaux Nation

Muskeg Lake Cree Nation #102
 Muskoday First Nation
 Muskowekwan First Nation
 Nekaneet First Nation
 Ocean Man First Nation
 Ochapowace Nation
 Okanese First Nation
 One Arrow First Nation
 Onion Lake Cree Nation
 Pasqua First Nation #79
 Peepeekisis Cree Nation No. 81
 Pelican Lake (Chachakēw Sâkahikan)
 Peter Ballantyne Cree Nation
 (Assin'skowitiniwak)
 Pheasant Rump Nakota Nation
 Piapot First Nation
 Poundmaker Cree Nation
 Red Earth Cree Nation
 Red Pheasant Cree Nation

Saulteaux First Nation
 Shoal Lake Cree Nation
 Standing Buffalo Dakota Nation
 Star Blanket Cree Nation
 Sturgeon Lake First Nation
 Sweetgrass First Nation

The Key First Nation
 Thunderchild First Nation (Piyisiw-Awasis)
 Wahpeton Dakota Nation
 Waterhen Lake (Sîkîp Sâkahikan)
 White Bear First Nations

Whitecap Dakota First Nation
 Witchehan Lake First Nation
 Wood Mountain Lakota First Nation
 Yellow Quill First Nation
 Zagime Anishinabek (Sakimay First Nations)

MANITOBA

Animozeebeeng Nation (Lake Manitoba Treaty 2 First Nation)
 Barren Lands First Nation
 Berens River First Nation (Miimiiwiziibiing)
 Birdtail Sioux Dakhóta Oyáte (Dakota Nation)
 Black River First Nation (Makadewaagamijiwanoonsing)
 Bloodvein River First Nation (Miskwewesibi / Miskweyaabiziibee)
 Brokenhead Ojibway Nation (Baaskaandibewiziibing)
 Buffalo Point First Nation
 Bunibonibee Cree Nation
 Canupawakpa Dakota First Nation
 Chemawawin Cree Nation
 Cross Lake Band
 Dakota Plains Wahpeton Oyate
 Dakota Tipi First Nation
 Dauphin River First Nation
 Ebb and Flow First Nation
 Fisher River Cree Nation
 Fox Lake Cree Nation
 Gambler First Nation 63
 Garden Hill First Nation
 God's Lake First Nation

Hollow Water First Nation (Wanipigow)
 Keeseekoowenin Ojibway First Nation
 Kinonjeoshtegon First Nation
 Lake St. Martin First Nation
 Little Grand Rapids First Nation (Mishi-baawitigong)
 Little Saskatchewan First Nation
 Long Plain First Nation
 Manto Sipi Cree Nation (God's River)
 Marcel Colomb First Nation (Black Sturgeon)
 Mathias Colomb Cree Nation
 Misipawistik Cree Nation (Grand Rapids)
 Mosakahiken Cree Nation
 Nisichawayasihk Cree Nation
 Northlands Denesuline First Nation
 Norway House Cree Nation
 O-Chi-Chak-Ko-Sipi First Nation
 Opaskwayak Cree Nation
 O-Pipon-Na-Piwin Cree Nation (South Indian Lake)
 Pauingassi First Nation (Sandy Narrows)
 Peguis First Nation

Pinaymootang First Nation
 Pine Creek First Nation
 Poplar River First Nation (Azaadiwi-ziibiing)
 Red Sucker Lake
 Rolling River First Nation (Ditibineya-ziibiing)
 Roseau River Anishinabe First Nation
 Sagkeeng Anicinabe
 Sandy Bay Ojibway First Nation (Gaa-wiikwedaawangaag)
 Sapotaweyak Cree Nation
 Sayisi Dene First Nation
 Shamattawa First Nation
 Sioux Valley Dakota Nation
 Skownan First Nation
 St. Theresa Point First Nation
 Swan Lake First Nation
 Tataskweyak Cree Nation
 Tootinaowaziibeeng Treaty Reserve
 War Lake First Nation
 Wasagamack First Nation
 Waywayseecappo First Nation
 Wuskwi Sipihk First Nation
 York Factory First Nation (Kischiwaskahegan Negani Ininewisewin)

ONTARIO

Aamjiwnaang First Nation (Formerly Chippewas of Sarnia)
 Alderville First Nation
 Algonquins of Pikwakanagan First Nation
 Animakee Wa Zhing #37
 Animbiigoo Zaagi'igan Anishinaabek (Formerly Lake Nipigon Ojibway First Nation)
 Anishinaabeg of Naongashiing (Big Island First Nation)
 Aroland First Nation

Asubpeeschoseewagong Netum Anishinabek (Grassy Narrows First Nation)
 Atikameksheng Anishnawbek
 Attawapiskat First Nation
 Aundeck Omni Kaning
 Batchewana First Nation
 Bearskin Lake First Nation
 Beausoleil First Nation (G'Chimnissing)
 Bigtigong Nishnaabeg (Pic River)
 Biinjitiwaabik Zaaging Anishinaabek

(Rocky Bay First Nation)
 Bingwi Neyaashi Anishinaabek (Formerly Sand Point First Nation)
 Brunswick House First Nation
 Caldwell First Nation
 Cat Lake First Nation
 Cayuga (Guyohkohnyoh) of Six Nations of the Grand River
 Chapeau Cree First Nation
 Chapeau Ojibway First Nation
 Chippewas of Georgina Island (Georgina Island First Nation)

Chippewas of Kettle and Stony Point	Mishkeegogamang First Nation	(Pawgwasheeng)
Chippewas of Nawash Unceded First Nation (Neyaashiinigmiing)	Mishkosimiziibiing (Big Grassy River First Nation)	Pikangikum First Nation
Chippewas of Rama First Nation	Missanabie Cree First Nation	Poplar Hill First Nation
Chippewas of the Thames First Nation (Deshkaan Ziibing Anishinaabeg)	Mississauga First Nation (Blind River)	Rainy River First Nations
Constance Lake First Nation	Mississaugas of Scugog Island First Nation	Red Rock Indian Band
Couchiching First Nation	Mississaugas of the Credit First Nation	Sachigo Lake First Nation
Curve Lake First Nation	Mitaanjigamiing First Nation	Sagamok Anishnawbek (Three Fires Peoples)
Deer Lake First Nation	Mohawk (Kanienkahagen) of Six Nations of the Grand River	Sandy Lake First Nation
Delaware Nation at Moraviantown (Lenape People)	Mohawks of Akwesasne	Saugeen First Nation
Dokis First Nation	Mohawks of the Bay of Quinte (Kenhteke Kanyen'kehá:ka, Tyendinaga)	Seine River First Nation
Eabametoong First Nation	Moose Cree First Nation	Seneca (Onondowahgah) of Six Nations of the Grand River
Flying Post First Nation	Moose Deer Point First Nation	Serpent River First Nation
Fort Albany First Nation	Munsee-Delaware Nation (Lenni Lenape)	Shawanaga First Nation
Fort Severn First Nation (Washaho Cree Nation)	Muskrat Dam Lake First Nation	Sheguiandah First Nation
Fort William First Nation	Naicatchewenin First Nation	Sheshegwaning First Nation (Odawa Nation of Anishnaabek)
Ginoogaming First Nation (Formerly Long Lake Reserve #77)	Naotkamegwaning First Nation	Shoal Lake 40 First Nation
Henvey Inlet First Nation	Neskantaga First Nation	Slate Falls Nation #259
Hiawatha First Nation (Mississaugii of Rice Lake)	Netmizaaggamig Nishnaabeg (Pic Mobert First Nation)	Taykwa Tagamou Nation
Iskatewizaagegan #39 Independent First Nation (Shoal Lake #39)	Nibinamik First Nation (Summer Beaver)	Temagami First Nation
Kasabonika Lake	Nigigoonsiminikaaning First Nation (Red Gut)	Thessalon First Nation
Keewaywin First Nation	Niisaachewan Anishinaabe Nation (Ochiichagwe'babigo'ining)	Tuscarora (Ska-Ruh-Reh) of Six Nations of the Grand River
Ketegaunseebee (Garden River First Nation)	Nipissing First Nation	Waabigonii Zaaga'igan (Wabigoon Lake Ojibway Nation)
Kiashke Zaaging Anishinaabek – Gull Bay First Nation	North Caribou Lake First Nation (Weagamow)	Wabaseemoong Independent Nations (One Man Lake, Swan Lake, Whitedog)
Kingfisher Lake First Nation	North Spirit Lake First Nation	Wabauskang First Nation
Kitchenuhmaykoosib Inninuwug (Big Trout Lake First Nation)	Northwest Angle 33	Wahgoshig First Nation
Lac Des Mille Lacs First Nation (Community of Nezaadiikaang)	Obashkaandagaang First Nation (Washagamis Bay)	Wahnapiatae First Nation (Wahnapiataeping)
Lac La Croix First Nation	Ojibway Nation of Saugeen	Wahta Mohawks (Kanienkeha:ka)
Lac Seul First Nation	Ojibways of Onigaming First Nation	Walpole Island First Nation (Bkejwanong Territory)
Long Lake No. 58 First Nation	Oneida (Onayotekaono) of Six Nations of the Grand River	Wapekeka First Nation
Magnetawan First Nation	Oneida Nation of the Thames (Onyota'a:ka)	Wasauksing First Nation
Marten Falls First Nation	Oneida Six Nations of the Grand River (Oneida, Onayotekaono)	Wauzhushk Onigum Nation
Matachewan First Nation	Onondaga (Onundagaono) of Six Nations of the Grand River	Wawakapewin First Nation
Mattagami First Nation	Onondaga Six Nations of the Grand River (Onondaga, Onundagaono)	Webequie First Nation
McDowell Lake First Nation	Pays Plat First Nation	Weenusk First Nation
M'Chigeeng First Nation		Whitefish River First Nation (Birch Island)
Michipicoten First Nation		Whitesand First Nation
Migisi Sahgaigan (Eagle Lake First Nation)		Whitewater Lake First Nation
		Wiikwemkoong Unceded Territory
		Wunnumin Lake First Nations
		Zhiibaahaasing First Nation

QUÉBEC

Atikamekw de Manawan	La Nation Innu Matimekush-Lac John	Oujé-Bougoumou Cree Nation
Atikamekw de Wemotaci	Les Innus de Ekuanitshit	Pekuakamiulnuatsh Takuhikan
Atikamekw d'Opitciwan	Les Innus de Pakua Shipu	Pikogan (Première Nation Abitibiwinni)
communauté anicinape de Kitcisakik	Les Innus d'Unamen-Shipu	Première Nation des Abénakis de Wôlinak
Cree First Nation of Waswanipi	Listuguj Mi'gmaq	Première Nation des Abénakis d'Odanak
Cree Nation of Chisasibi	Long Point First Nation	Première Nation des Innus de Nutashkuan
Cree Nation of Eastmain (ᑕᑭᑦᑭᑦᑭᑦ / Wâpanûtâw)	Micmacs of Gesgapegiag	Première Nation des Innus de Pessamit
Cree Nation of Mistissini	Mitchikanibikok Inik / Algonquins of Barriere Lake	Première Nation Innus Essipit
Cree Nation of Nemaska	Mohawks of Kahnawá:ke	Première Nation Malécite de Viger
Cree Nation of Waskaganish / ᑕᑭᑦᑭᑦᑭᑦ ᑕᑭᑦᑭᑦᑭᑦ ᑕᑭᑦᑭᑦᑭᑦ	Mohawks of Kanesatake	Timiskaming First Nation
Cree Nation of Wemindji	Naskapi Nation of Kawawachikamach / ᑕᑭᑦᑭᑦᑭᑦ ᑕᑭᑦᑭᑦᑭᑦ	Whapmagoostui First Nation
Innu Takuaikan Uashat mak Mani-utenam	Nation Anishnabe du Lac Simon	Wolf Lake First Nation - Mahingan Saigan
Kebaowek First Nation (Eagle Village)	Nation Huronne Wendat	
Kitigan Zibi Anishinabeg	Nation Micmac de Gespeg	

NEWFOUNDLAND & LABRADOR

Benoit First Nation - Penwaaq L'nu'k (K'taqmkuk)	Mi'kamawey Mawi'omi)	Qalipu First Nation
Hopedale / Agvituk	Mushuau Innu First Nation (Natuashish)	Rigolet / Tikigâksuagusik
Makkovik / Maggovik	Nain / Nunainguk	Sheshatshiu Innu Nation (Nitassinan)
Miawpukek First Nation (Miawpukek)	Postville	

NEW BRUNSWICK

Amlamgog First Nation (Fort Folly)	Matawaskiye First Nation (Madawaska-Maliseet First Nation)	Sitansisk Wolastoqiyik (St. Mary's First Nation)
Elsipogtog First Nation (Big Cove)	Metepenagiag Mi'kmaq Nation	Tjipōgtōtjg First Nation (Bouctouche)
Esgenoôpetitj First Nation (Burnt Church)	Natoaganeg First Nation (Eel Ground)	Ugpi'Ganjig First Nation (Eel River Bar)
L'nui Menikuk First Nation (Indian Island First Nation)	Neqotkuk First Nation (Tobique)	Welamukotuk First Nation (Oromocto)
Madawaska Maliseet First Nation (Wəlastəkwewiyik)	Oinpegitjoig First Nation (Pabineau)	Wotstak First Nation (Woodstock)
	Pilick First Nation (Kingsclear)	

NOVA SCOTIA

Acadia First Nation	Membertou (Maupeltu)	Sipekne'katik First Nation (Indian Brook)
Annapolis Valley First Nation	Millbrook First Nation	Wagmatcook First Nation
Bear River First Nation	Paqtnkek Mi'kmaw Nation	We'koqma'q First Nation
Eskasoni Mi'kmaw Nation – Essisoqni Wutaniminu	Pictou Landing First Nation	
Glooscap First Nation	Potlotek First Nation (Formerly Chapel Island)	

PRINCE EDWARD ISLAND

Abegweit First Nation

Lennox Island Mi'kmaq First Nation

YUKON TERRITORY

Carcross/Tagish First Nation

Champagne and Aishihik First Nations - Àtsexh

Champagne and Aishihik First Nations - Àshèyi (Aishihik)

Champagne and Aishihik First Nations - Chāmì (chemi)

Champagne and Aishihik First Nations - Chu'ena Kéyi (Hutchi)

Champagne and Aishihik First Nations - Dakwākāda (Haines Junction)

Champagne and Aishihik First Nations - K'üä Man (Kloo Lake)

Champagne and Aishihik First Nations - Łu Ghā (Klukshu)

Champagne and Aishihik First Nations - Nākhū (Kusawa Narrows)

Champagne and Aishihik First Nations - Nuqwa'ik

Champagne and Aishihik First Nations - Shadhāla (Champagne)

Champagne and Aishihik First Nations - Shāwshe / Nesktahin (Dalton Post)

Champagne and Aishihik First Nations - Takhini (Takhini River)

Champagne and Aishihik First Nations - The Yānlin (Canyon Creek)

Champagne and Aishihik First Nations - Tthechāl (Sekulmun)

First Nation of Na-cho Nyak Dun

Kaska - Liard First Nation

Kaska - Ross River Dena Council

Kluane First Nation (Lhù'ààn Mân Ku Dañ)

Kwanlin Dün First Nation

Little Salmon/Carmacks First Nation - Big Salmon River

Little Salmon/Carmacks First Nation - Braeburn Lake

Little Salmon/Carmacks First Nation - Carmacks

Little Salmon/Carmacks First Nation - Frenchman Lake

Little Salmon/Carmacks First Nation - Hutshi Lake

Little Salmon/Carmacks First Nation - Little Salmon

Little Salmon/Carmacks First Nation - Tatchun Lake

Selkirk First Nation

Ta'an Kwäch'än

Taku River Tlingit First Nation

Teslin Tlingit

Tr'ondëk Hwëch'in

Vuntut Gwitchin First Nation (Old Crow)

White River First Nation - Beaver Creek

NORTHWEST TERRITORIES

Acho Dene Koe First Nation

Akaiicho First Nations

Aklavik (Ehdiitat Gwich'in)

Behchoko (Behchokò)

Behdzi Ahda' First Nation / Colville Lake

Deh Gáh Got'jē First Nation / Fort Providence

Dehcho First Nations

Délinē First Nation

Deninu Kųé First Nation

Gameti (Gamèti)

Gwich'in Nation

Ka'a'gee Tu First Nation / Kakisa

K'asho Got'jñē Fort Good Hope

Kátł'odeeche First Nation (Hay River Dene)

Łı́ı́ı́ı́ Kųé First Nation / Fort Simpson

Łutsël K'é Dene First Nation

Nahzā Dehé Dene Band / Nahanni Butte

Pehdzeh Ki First Nation / Wrigley

Sahtu Dene - Colville Lake

Sahtu Dene - Fort Good Hope

Sahtu Dene - Norman Wells (Tlegohli)

Salt River First Nation (Fort Smith)

Sambaa K'e First Nation

Smith's Landing First Nation

Tetlit Zheh - Fort McPherson (Tetlit Gwich'in)

Tłıchų Nation

Ts'ueh Nda (West Point First Nation)

Tsiigehtchic (Gwichya Gwich'in)

Tthets'ék'ehdélı First Nation / Jean Marie River

Tulita Dene Band (Tulit'a) / Begade Shotagotine First Nation

Wekweeti (Wekweèti)

Whati (Whati)

Yellowknives Dene First Nation - Dettah

Yellowknives Dene First Nation - N'Dilo

INUIT NUNANGAT COMMUNITIES

NEWFOUNDLAND & LABRADOR

NUNATSIAVUT

Hopedale / Agvituk
Makkovik / Maggovik

Nain / Nunainguk
Postville

Rigolet / Tikigâksuagusik

NORTHWEST TERRITORIES

INUVALUIT SETTLEMENT REGION COMMUNITIES / INUVIALUIT NUNANGIT SANNAIQTUAQ

Aklavik / Akłarvik
Inuvik / Inuuvik

Paulatuk / Paulatuq
Sachs Harbour / Ikahuak

Tuktoyaktuk / Tuktuyaaqtuuq
Ulukhaktok / Ulukhaqtuuq

NUNAVUT

KITIKMEOT REGION / QITIRMIUT / ᐱᑭᑭᑦᑭᑦ

Cambridge Bay / Iqaluktuuttiaq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Gjoa Haven / Uqsuqtuuq / ᐱᑭᑭᑦᑭᑦᑭᑦ

Kugaaruk / ᐱᑭᑭᑦᑭᑦ
Kugluktuk / Qurluqtuq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Taloyoak / Talurjuaq / ᐱᑭᑭᑦᑭᑦ

KIVALLIQ REGION / ᐱᑭᑭᑦᑭᑦ

Arviat / ᐱᑭᑭᑦᑭᑦ
Baker Lake / Qamani'tuaq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Chesterfield Inlet / Igluligaarjuk / ᐱᑭᑭᑦᑭᑦᑭᑦ

Coral Harbour / Salliq / ᐱᑭᑭᑦᑭᑦ
Nauyasat / ᐱᑭᑭᑦᑭᑦ
Rankin Inlet / Kangiqliniq / ᐱᑭᑭᑦᑭᑦᑭᑦ

Whale Cove / Tikirarjuaq / ᐱᑭᑭᑦᑭᑦᑭᑦ

NUNAVUT QIKIQTALAAQ REGION / ᐱᑭᑭᑦᑭᑦᑭᑦ

Arctic Bay / Ikpiarjuk / ᐱᑭᑭᑦᑭᑦᑭᑦ
Clyde River / Kanngiqtugaapik / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦ
Grise Fiord / Aujuittuq / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦ
Igloodik / Iglulik / ᐱᑭᑭᑦᑭᑦ

Iqaluit / ᐱᑭᑭᑦᑭᑦ
Kimmirut / ᐱᑭᑭᑦᑭᑦ
Kinngait / Sikusiilaq / ᐱᑭᑭᑦᑭᑦ
(Formerly known as Cape Dorset)
Pangnirtung / Panniqtuuq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Pond Inlet / Mittimatalik / ᐱᑭᑭᑦᑭᑦᑭᑦ

Qikiqtarjuaq / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦ
Resolute / Qausuittuq / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦ
Sanikiluaq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Sanirajak / ᐱᑭᑭᑦᑭᑦ

QUÉBEC

NUNAVIK

Akulivik / ᐱᑭᑭᑦᑭᑦ
Aupaluk / ᐱᑭᑭᑦᑭᑦ
Inukjuak / ᐱᑭᑭᑦᑭᑦ
Ivujivik / ᐱᑭᑭᑦᑭᑦ
Kangiqsualujjuaq / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦᑭᑦ

Kangiqsujuaq / ᐱᑭᑭᑦᑭᑦᑭᑦᑭᑦᑭᑦ
Kangirsuk / ᐱᑭᑭᑦᑭᑦᑭᑦ
Kuujuaq / ᐱᑭᑭᑦᑭᑦ
Kuujuarapik / ᐱᑭᑭᑦᑭᑦᑭᑦ
Puvirnituq / ᐱᑭᑭᑦᑭᑦᑭᑦ

Quaqtaq / ᐱᑭᑭᑦᑭᑦᑭᑦ
Salluit / ᐱᑭᑭᑦᑭᑦ
Tasiujaq / ᐱᑭᑭᑦᑭᑦ
Umiujaq / ᐱᑭᑭᑦᑭᑦ

MÉTIS NATION HOMELAND

BRITISH COLUMBIA

HISTORIC MÉTIS SETTLEMENTS

Fort St. John Kelly Lake

ALBERTA

MÉTIS SETTLEMENTS

Buffalo Lake Métis Settlement	Fishing Lake Métis Settlement	Little Buffalo
East Prairie Métis Settlement	Gift Lake Métis Settlement	Paddle Prairie Métis Settlements
Elizabeth Métis Settlement	Kikino Métis Settlement	Peavine Métis Settlement

HISTORIC MÉTIS SETTLEMENTS

Lac La Biche	Big Prairie (Utikuma)	Wolf Lake
Lac Ste. Anne	East Prairie	Seibert Lake
St. Albert	Marlboro	Fort Chipewyan
Caslan	Pigeon Lake	Peace River
St. Paul des Metis	Goodfish Lake	Grande Prairie
Edmonton House	Fishing Lake, Elizabeth	
Paddle Prairie (Keg River)	Cold Lake	

SASKATCHEWAN

HISTORIC MÉTIS SETTLEMENTS

Batoche	Frenchman River Valley	Montagne-de-Bois/Wood Mountain (Willow-Bunch)
Battleford	Green Lake (Lac-Vert)	Prince Albert
Beauval	Ile-à-la-Crosee	Souris River Valley
Buffalo Narrows (Lac-de-Boeufs)	La Coulée-Chapelle	St. Isidore de Bellevue (Garonne)
Chimney Coulee in the Cypress Hills	La Coulée-des-Rochers	St. Laurent de Grandin
Cochin	La Loche	St. Laurent Settlement
Cumberland House	La Prairie Ronde (Round Prairie)	St. Louis
Debden	Lac-Pelletier	Vallée-Ste-Claire
Duck Lake	Macdowall	
Fish Creek (Tourond's Coulee)	Meadow Lake (Lac-des-Prairies)	
Fort Qu'appelle	Missouri Coteau	

MANITOBA

HISTORIC MÉTIS SETTLEMENTS

Bacon Ridge (Reedy Creek, Ebb and Flow)	Boggy Creek, San Clara	Cooks Creek
Balsam Bay	Brandon House, Fort Assiniboine	Cormorant
Barrows (Baden, Powell, National Mills and Red Deer Lake)	Camperville	Crane River (O-Chi-Chak-Ko-Sipi)
Barrows (Red Deer Lake)	Carman (Îlets de Bois / Boyne River)	Crescentwood
Big Eddy Settlement	Cayer	Cross Lake
Birsay Village (Orkney Town)	Cedar Lake (Chemanwawin, Easterville) Métis Settlement	Dog Head Settlement
	Cold Lake Métis Settlement	Dog Patch (Winnipeg)

Duck Bay (Baie de Canard / Zhiishiibi-Ziibiing)	Pine Dock (Bullhead)	Rossville
Eddystone	Pine Falls (Bas de la Rivière, Fort Alexander)	Salt Point Métis Settlement
Fairford Settlement (Formerly Pinaymootang, Partridge Crop)	Pine Fort (Fort des Épinettes)	Sandy Bay
Fish Lake	Princess Harbour (Rabbit Point)	Selby Town
Fort Dauphin	Rall's (Rahls) Island Metis Settlement	Skownan
Fort Desjarlais	Red River Settlement	South Indian Lake Metis Settlement
Fort Ellice	<i>Red River Settlement - French Parishes:</i>	St. Adolphe (Pointe Coupée)
Grand Marais	Charleswood (St. Charles Parish)	St. Ambroise (Isle de Pierre)
Grand Rapids	St. Agathe (Pointe à Grouette and Petite Pointe à Saline)	St. Charles (Rivière Esturgeon)
Grande Point	St. Boniface	St. Jean-Baptiste (Rivière aux Prunes)
Grantown	St. Eustache (Formerly Baie St. Paul)	St. Pierre-Jolys (Rat River)
Lake Metigoshe Metis Settlement	St. Francois Xavier	Ste. Madeleine
Lockport (Formerly Little Britain)	St. Laurent (Formerly Fond du Lac)	Ste. Rose du Lac
Longbody Creek (Kenepikiniwewe)	St. Norbert (Rivière Sale)	Stony Mountain
Loon Straits	St. Vital	Stovepipe (Tuyau)/Pointe des Chênes or Grande Pointe des Chênes
Lorette (Petit Point du Chênes)	Ste. Anne des Chênes	Swan River
MacGregor	<i>Red River Settlement - English Parishes:</i>	The Corner (Li Kwayn, Fouillard Town)
Mallard (Enniship)	Headingly	The Pas (Opaskweyaw)
Manigotogan (Bad Throat River)	High Bluff	Thicket Portage
Manitoba House (Kinosota)	Kildonan	Thomas Métis Settlement
Manitoba Village	Poplar Point	Tin Town
Mapleton (Old England)	Portage La Prairie (St. Mary's)	Turtle Mountains
Matheson Island (Formerly Snake Island)	St. Andrew (Sault à la Biche, Deer Rapids)	Umpheville (Humphreville Settlement)
Meadow Portage	St. Clement	Wabowden
Métis Island	St. James	Wheat City
Moose Lake	St. John	White Mud River Settlement (Rat Creek, Totogan)
Morris (Rivière Gratchias)	St. Paul	Winnipegosis
Norway House	St. Peter	Wooden Tent (Metikewap) Metis Settlement
Oak Point	Rock Lake (Lac des Roches)	York Factory
Pelican Rapids	Rock Ridge	Young Point / Carrot River Valley (Pasquia Settlement)
Pikwitonei	Rooster Town (Pakan Town)	
Pine Bluff		

ONTARIO

HISTORIC MÉTIS SETTLEMENTS

Abitibi Inland Historic Métis Community	Mattawa/Ottawa River and Environs Historic Métis Community	Rainy River/Lake of the Woods/ Treaty 3 Historic Métis Community
Georgian Bay and Environs Historic Métis Community	Northern Lake Superior Historic Métis Community	Sault Ste. Marie and Environs Métis Community
Killarney and Environs Historic Métis Community		

QUÉBEC

HISTORIC MÉTIS SETTLEMENTS

L'Assomption	Montréal
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YUKON TERRITORY

HISTORIC MÉTIS SETTLEMENTS

Old Crow	Ross River	Watson Lake
Dawson	Whitehorse	

NORTHWEST TERRITORIES

MÉTIS SETTLEMENTS

Fort Providence Métis Council / Fort Providence	Fort Simpson Métis Nation (Local 52) - Fort Simpson	Hay River (Xatlo Dehe) - NWT Métis Nation
Fort Resolution (Deninu) - NWT Métis Nation	Fort Smith (Thebacha) - NWT Métis Nation	

INDIGENOUS LANGUAGES IN CANADA

Anishinaabemowin / Ojibway /
Algonquin / Odawa / Oji-Cree /
Chippewa

Assiniboiné / Nakota / Nak'hóda

Atikamekw Nehirâmowin

Blackfoot / Siksiká /
Siksiká'powahsin / Pikanií

Cayuga / Gayogohó:nq'

Chinuk Wawa / Chinook Jargon

Dakelh / Carrier / Dakeł / Cᑭᑦ

Dakota / Dakhótiyapi / Sioux
(Yanton Santee)

Delaware / Munsee /
Huluníixsuwaakan

Dane-Zaa / Beaver / Cᑭᑦᑭ /
Dane-zaa Záágé? / Dunne-za

Danezāgé' / Kaska / Kaska Dena

Dene / North Slavey (Bearlake/
Déljine, Hare/K'ásho, Mountain/
Shúhta/Shihta) / Sahtúot'jine Yatj

Dene K'e / Dene K'eh / South
Slavey / Dené / Dené Tha' /
Dene Dháh / Dene Zhatié

Dene Sų́łíné Yatíé / Chipewyan /
Denesuline /

Diitiid?aa7tx / Ditidaht

East Cree / James Bay Cree / Iyiniu-
Ayamiwin Δᑭᑦᑭᑦᑭᑦ (Southern East
Cree) / Iyiyiu-Ayamiwin Δᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ (Northern East Cree)

Éy7á7juuthem / ʔay7juθəm-
Sa4u4txw / ʔayajuθəm

Gitsenimx / Gitsanimx / Gitxsan /
Gitksen

Gwich'in / Dinjii Zhu' Ginjik

Hän / Han (Dawson) / Häť gołan

Haíłzaqvıa / Heiltsuk / Bella Bella

Huı́qumı́nuřm (Island) / Halqeméylem
(Upriver) / həñqəmiñəm (Downriver)

Inuinnaqtun

Inuktun (Dialects Siglitun,
Natsilingmiutut)

Inuktitut Δᑭᑦᑭᑦᑭᑦ (Dialects Kivalliq,
Aivilik, North Baffin, South Baffin,
Nunavik, Nunatsiavut)

Inuvialuktun

Ktunaxa

Kwakwala / Kwakwaka'wakw

Lakota / Lak'hótiyapi / Teton

Lingít / Łingít / Tlingit

Mohawk / Kanien'kéha

Montagnais / Nehlueun
(Piyekwákamī) / Innu-Aimûn
(Betsiamites) / Innu-Aimûn
(Eastern)

Moose Cree / ililimowin Δᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ

Michif / Métis Cree / Cree Michif

Mi'kmaq / Maliseet-Passamaquoddy

Nakoda / Nakhóta/ Isga / Stoney

Nedut'en / Witsuwit'en / Babine-
Witsuwit'en

Nēhiyawēwin / Cree / Sakâw
Nehiyawewin (Northern Plains
Cree) / Paskwâw Nehiyewewin
(Southern Plains Cree) / ᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ

Naskapi / Iyuw Iyimuun

Nisga'a

Nłe7kepmxcín / Nlaka'pamux /
Nlha7kápmx / Thompson

Nsyilxcən / Okanagan / nsəlxciñ
nuučaañuť / Nuu-chah-nulth

Nuxalk / It7Nuxalkmc

Oneida / Onłyota7a:ka /
Onłyota'a:ka

Onondaga / Onqda'gegá' /
Onoñda'gegá'

Potawatomi / Neshnabémowen
Saulteaux / Nakawēmowin / Plains
Ojibway

Secwepemctsin / Secwepemc /
Shuswap

SENĆOŦEN / Malchosen /
LəK'əŋjínəŋ (Songhees) /
Semiahmoo / T'Sou-ke

Seneca / Onödowá'ga: /
Onötowáka

Sgüüxs / Kitasoo/Xai'xais (Klemtu) /
Southern Tsimshian

She shashishalhem / Sechelt /
sháshishálem

Sḵwxwú7mesh sníchim / Squamish

Sm̓algyax / Ts'msyen Sm'algyax /
Tsimshian

Státimcets / Ucwalmícwts

Swampy Cree / Inilimowin /
Nēhinawēwin / ᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ

Tāhtān / Tahltan

Tłı̨ch̓ Yatıı / Dogrib

Tse'khene / Tsek'ene / Tsek'ehne /
Sekani / Sékanais

Tsilhqot'in

Tsüüt'inà / Sarcee / Sarsi

Tutchone / Dän k'è (Southern) /
Dän k'í (Northern)

Upper Tanana / Tabesna /
Nee'aandèegn'

Western Swampy Cree /
Nēhinawēwin ᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ

Woods Cree / Nihithawīwin
ᑭᑦᑭᑦᑭᑦᑦᑦᑦᑦᑦ / Bush Cree

'Wuikala / Oowekyala / 'Uiikala

Xaad Kíl Gaw Tlagée (Old Massett
Northern Dialect) / Xaayda Kil
Hl̓gaagilda (Skidegate Southern
Dialect) / Haida

Āenaksialakala / Āa'isalakala / Haisla