

## HUMAN DEVELOPMENT RESEARCH REVIEW



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### HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE

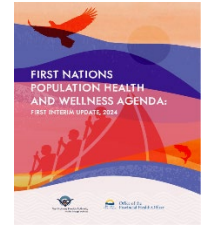
HELP’s Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, including social and emotional learning, social and environmental determinants of health, child care, and more. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly [here](#).

## EDITOR PICKS

### First Nations Population Health and Wellness Agenda (PHWA): First interim update.

First Nations Health Authority

*“The Population Health and Wellness Agenda report series will monitor and report on the health and wellness of First Nations people in BC over a decade using 22 health and wellness indicators. This is the first interim update in the PHWA report series...”*



### Report summary - The health of Indigenous people residing in urban centres.

Lisa Murdock, National Collaborating Centre for Indigenous Health

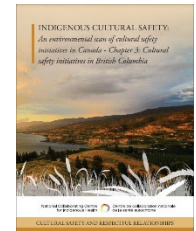
*“This report summary provides an overview of the health of urban Indigenous populations in Canada. Despite the growth of Indigenous populations in urban centres over the past 80 years, there is lack of research and appropriate policies and services for urban Indigenous people – a situation that negatively affects their health and well-being.”*



### Indigenous cultural safety - An environmental scan of cultural safety initiatives in Canada - Chapter 3 - Cultural safety initiatives in British Columbia.

National Collaborating Centre for Indigenous Health

*“This document highlights the many cultural safety initiatives and resources developed and implemented by the British Columbia (BC) government and its various departments and agencies, alone or in partnership with other governments and organizations, as well as provincial health authorities, professional organizations, Indigenous organizations, and other organizations with a health mandate operating in the province.”*



### New accord on child well-being signed by First Nations Leadership Council, Province.

British Columbia Ministry of Children and Family Development, Union of British Columbia Indian Chiefs, British Columbia Assembly of First Nations, First Nations Summit

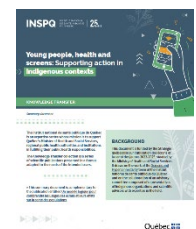
*“The First Nations Leadership Council (FNLC) and the Province have signed a child well-being accord that re-commits how the parties work together to support First Nations children and families.”*



### Young people, health and screens: supporting action in Indigenous contexts.

Institut national de santé publique

*“This document is aimed at stakeholders responsible for planning and implementing actions designed to influence exposure to and use of screens in the homes and communities of First Nations and Inuit youth.”*



Understanding the developmental well-being of children from refugee backgrounds in British Columbia, Canada: a population-level mixed methods approach.

Anne Gadermann, Associate Professor, Human Early Learning Partnership, and co-authors

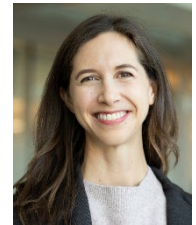
*“The study provided an understanding of the population-level developmental well-being of children from refugee backgrounds in BC, framed by rich, contextualized, and....”*



Changes in peer belonging, school climate, and the emotional health of immigrant, refugee, and non-immigrant early adolescents.

Kim Thomson, Assistant Professor, Faculty of Health Sciences, SFU, and co-authors.

*“Immigrants and refugees who enter adolescence with lower emotional health than their non-immigrant peers may particularly benefit from culturally responsive school and community-based interventions.”*



“Out and about”: relationships between children’s independent mobility and mental health in a national longitudinal study.

Mariana Brussoni, Director, Human Early Learning Partnership, and co-authors.

*“Compared to children allowed to roam <5 min, children allowed to roam 5–15 min or >15-minutes had lower odds of elevated distress...Our findings underscore....”*



Neighborhood-level sociodemographics and kindergarten children’s developmental vulnerability, pre- and post-COVID-19 in Canada.

Barry Forer, Research Methodologist, Human Early Learning Partnership, and co-authors

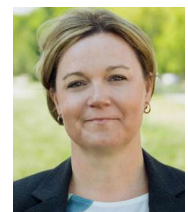
*“A gradient in vulnerability rates for all the socioeconomic indices was found, with children in the highest quintiles, representing greater deprivation, having greater...”*



Outdoor play and learning in elementary schools: a critical participatory action research project.

Megan Zeni, PhD Candidate, Faculty of Education, UBC, and co-authors

*“This paper describes how a cohort (n=18) of experienced Kindergarten to grade eight (K-8) teachers from across British Columbia shared their outdoor play and learning...”*



Facilitating access to care for children with complex health needs through low-barrier place-based intake processes: lessons from the richer social pediatric model.

Matthew Carwana, Clinical Assistant Professor, Dept of Pediatrics, UBC, and co-authors

*Data highlight the impact adverse social determinants of health can have on child health and the importance of working with community partners to identify developmentally...*



## The Middle Years Development Instrument (MDI) Provincial Summary 2024, British Columbia.

Eva Oberle and the Human Early Learning Partnership

*“This is the first MDI online report summarizing data collected from participating BC school districts and independent schools across Grades 4 through 8 at the provincial level — providing key highlights from the 2023-24 school year and over time.”*



## The big picture: an overview of the 2023 BC Adolescent Health Survey provincial results.

McCreary Centre Society

*“The survey results highlight factors which negatively affect health and well-being, such as living in poverty and experiencing deprivation and hunger. However, they also clearly show the value of youth feeling connected to family, culture, school, and community.”*



## 2023 Canadian Health Survey on Children and Youth — Changes in the mental health of respondents from the 2019 survey.

Statistics Canada

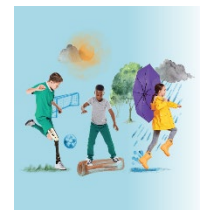
*“The findings focus on self-reported mental health, and indicate that about a quarter of youth reported a change in their mental health across the four-year follow-up period...”*



## 2024 Children & Youth Report Card. Rallying for resilience: keeping children and youth active in a changing climate.

ParticipACTION

*“This year’s Report Card highlights how the current and impending effects of climate change could be particularly harmful for children and youth’s physical activity, and...”*



## Treating opioid use disorder in young people - helping more youth by understanding the risks.

Children’s Health Policy Centre, Faculty of Health Sciences, Simon Fraser University

*“How many youth in BC have been diagnosed with opioid use disorder? And what puts young people at risk for developing this condition? We answer these questions and...”*



## B.C.’s population and public health framework.

British Columbia Ministry of Health

*“The renewed provincial strategy outlines the long-term vision and strategic direction for population and public health in B.C.”*



## HUMAN DEVELOPMENT RESEARCH REVIEW

### HELP FACULTY and AFFILIATE (selected publications)

1. Gadermann A, Guhn M, Poon B, Janus M, Edwards B. **Understanding the developmental well-being of children from refugee backgrounds in British Columbia, Canada: a population-level mixed methods approach.** Int J Pop Data Sci. 2024;9(5). Available from: <https://ijpds.org/article/view/2562>.
2. Larouche R, Faulkner G, Bélanger M, Brussoni M, Gunnell K, Tremblay MS. **“Out and about”: relationships between children’s independent mobility and mental health in a national longitudinal study.** Children’s Geographies. 2024;1-11. Available from: <https://doi.org/10.1080/14733285.2024.2397734>.
3. Oberle E, Ji XR, Molyneux T, Alkawaja M, Guhn M, Forer B, et al. **Mental well-being trends and protective factors among adolescents in British Columbia from 2015 to 2022: a population-based repeated cross-sectional study.** Paper presentation at Public Health 2024, Halifax, NS. 2024.
4. Reid-Westoby C, Gaskin A, Offord A, Duku E, Forer B, Jambon M, et al. **Neighborhood-level sociodemographics and kindergarten children’s developmental vulnerability, pre- and post-COVID-19 in Canada.** Int J Pop Data Sci. 2024;9(5). Available from: <https://ijpds.org/article/view/2708>.
5. So J, Sun S, Kim A, Nemati S, Kim MM, McIntosh G, et al. **Facilitating access to care for children with complex health needs through low-barrier place-based intake processes: lessons from the RICHER Social Pediatric Model.** J Prim Care Community Health. 2024;15:21501319241273284. Available from: <https://journals.sagepub.com/doi/abs/10.1177/21501319241273284>.
6. Thomson K, Magee C, Gagné Petteni M, Oberle E, Georgiades K, Schonert-Reichl K, et al. **Changes in peer belonging, school climate, and the emotional health of immigrant, refugee, and non-immigrant early adolescents.** J Adolesc. 2024;n/a(n/a). Available from: <https://onlinelibrary.wiley.com/doi/abs/10.1002/jad.12390>.
7. Zeni M, Schnellert L, Brussoni M. **Outdoor play and learning in elementary schools: a critical participatory action research project.** Canadian Journal of Action Research. 2024;24(3). Available from: <https://journals.nipissingu.ca/index.php/cjar/article/view/675>.

### HELP RESOURCES

1. Oberle E, Human Early Learning Partnership. **The Middle Years Development Instrument (MDI) Provincial Summary 2024, British Columbia.** Vancouver, BC: University of British Columbia, School of Population and Public Health, Human Early Learning Partnership (HELP); 2024 Sep. Available from: <https://earlylearning.ubc.ca/mdi-2024-provincial-summary/>.

### Media General

1. Canadian Press. **Special commission on youth screen time underway in Quebec.** CityNews Everywhere. 2024 Sep 12. Available from: <https://montreal.citynews.ca/2024/09/12/special-commission-youth-screen-time-quebec/>.
2. CityNews Everywhere. **New study shows youth are struggling with their mental health.** Toronto, ON: CityNews Everywhere; 2024 Sep 17. Available from: <https://toronto.citynews.ca/video/2024/09/17/new-study-shows-youth-are-struggling-with-their-mental-health/>.

3. Macintosh M. **Ready or not, here they come. Early years educators adjust methods, expectations as many pandemic babies head to kindergarten with development, behaviour issues in their backpacks.** 2024 Sep 2. Available from: <https://www.winnipegfreepress.com/featured/2024/09/02/ready-or-not-here-they-come>.
4. The Jill Bennett Show. **How old should kids be before they're allowed to travel alone?** [podcast]. 2024 Aug 27. Available from: <https://podcasts.apple.com/ca/podcast/how-old-should-kids-be-before-theyre-allowed-to-travel-alone/id1241365830?i=1000666826982>.
5. Tran P. **New mental health classrooms coming to Calgary school districts.** 2024 Sep 12. Available from: <https://livewirecalgary.com/2024/09/12/new-mental-health-classrooms-coming-to-calgary-school-districts/>.
6. University of British Columbia Faculty of Medicine. **Service to the University and Community - Award Recipient Mariana Brussoni.** Vancouver, BC: UBC, Faculty of Medicine; 2024. Available from: <https://www.med.ubc.ca/news/2024-faculty-of-medicine-distinguished-achievement-award-recipients/>.
7. Yukon Government. **Yukon early childhood educators gather at the 2024 Early Learning and Child Care Conference.** Whitehorse, YK: Government of Yukon; 2024 Sep 11. Available from: <https://yukon.ca/en/news/yukon-early-childhood-educators-gather-at-the-2024-early-learning-and-child-care-conference>.

## 1. CHILD DEVELOPMENT

### 1.i. General, Cognition

1. Morales JS, Alberquilla del Río E, Valenzuela PL, Martínez-de-Quel Ó. **Physical activity and cognitive performance in early childhood: a systematic review and meta-analysis of randomized controlled trials.** Sports Med. 2024;54(7):1835-50. Available from: <https://doi.org/10.1007/s40279-024-02020-5>.
2. The Children's Society. **Good childhood report 2024.** London, UK: The Children's Society; 2024 Aug. Available from: <https://www.childrensociety.org.uk/information/professionals/resources/good-childhood-report-2024>.

### 1.ii. Communication, Language, Literacy

1. MacPherson P. **The end of accountability in British Columbia high school student performance. The decline of student testing and achievement.** Vancouver, BC: Fraser Institute; 2024. Available from: <https://www.fraserinstitute.org/sites/default/files/end-of-accountability-in-bc-high-school-student-performance.pdf#:~:text=Reliable%2C%20fair%2C%20and%20objective%20provincewide%20assessment%20of%20high,school%20students%20are%20doing%20in%20school%2C%20informing%20decision-making>.

### 1.iii. Socioemotional Learning, Other

1. Aliyas Z, Mahmoudian A, Cloutier M-S. **Association between socio-emotional health, physical activity and screen time among children.** American Journal of Health Education. 2024:1-10. Available from: <https://doi.org/10.1080/19325037.2024.2396602>.

## 2. CHILD CARE, EDUCATION, PARTNERSHIPS

### 2.i. Connections, Hubs, Partnerships

1. Turpin A, Chiodo D, Talotta M, Henderson J. **Leveraging integrated youth services for social prescribing: a case study of Youth Wellness Hubs Ontario.** Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice. 2024;44(9):358-66. Available from: <https://doi.org/10.24095/hpcdp.44.9.02>.

## 2.ii. Initiatives, Interventions

1. Hodges H. **Do children receiving care and support have higher rates of school exclusion than their peers?** Int J Pop Data Sci. 2024;9(5). Available from: <https://ijpds.org/article/view/2756>.

## 2.iii. Programs, Services, Other

1. Government of British Columbia. **New child care centres coming for Métis families.** BC Gov News. 2024. Available from: <https://news.gov.bc.ca/releases/2024ECC0130-001521>.
2. Scroggins JK, Harkins SE, Brown S, St. Clair V, LeBron GK, Barcelona V. **A systematic review of community-based interventions to address perinatal mental health.** Semin Perinatol. 2024;151945. Available from: <https://www.sciencedirect.com/science/article/pii/S014600052400079X>.
3. So J, Sun S, Kim A, Nemati S, Kim MM, McIntosh G, et al. **Facilitating access to care for children with complex health needs through low-barrier place-based intake processes: lessons from the RICHER Social Pediatric Model.** J Prim Care Community Health. 2024;15:21501319241273284. Available from: <https://journals.sagepub.com/doi/abs/10.1177/21501319241273284>.

## 3. EARLY ENVIRONMENTS

### 3.i. Biological Sensitivity to Context, Cortisol, Epigenetic

1. Armstrong-Carter E, Portilla XA, Obradović J, editors. **The role of physiological response in understanding resilience processes in children's development.** Montreal, QC: Encyclopedia on Early Childhood Development; 2024. Available from: <https://www.child-encyclopedia.com/resilience/according-experts/role-physiological-response-understanding-resilience-processes#:~:text=Physiological%20responses%20are%20a%20set,%2C%20biology%2C%20and%20behavioral%20adaptation>.

### 3.ii. Adversity, Resilience

1. Gautschi J, Lätsch D. **The effectiveness of interventions to prevent and reduce child maltreatment in high-income countries: An umbrella review.** Child Abuse Negl. 2024;153:106845. Available from: <https://www.sciencedirect.com/science/article/pii/S0145213424002357>.
2. Kemp L, Elcombe E, Blythe S, Grace R, Donohoe K, Sege R. **The impact of positive and adverse experiences in adolescence on health and wellbeing outcomes in early adulthood.** Int J Environ Res Public Health. 2024;21(9):1147. Available from: <https://www.mdpi.com/1660-4601/21/9/1147>.
3. Sawyer K, Kempe S, Carwana M, Racine N. **Global and inclusive considerations for the future of ACEs research.** Child Protection and Practice. 2024;3:100054. Available from: <https://www.sciencedirect.com/science/article/pii/S2950193824000548>.
4. Senaratne DNS, Thakkar B, Smith BH, Hales TG, Marryat L, Colvin LA. **The impact of adverse childhood experiences on multimorbidity: a systematic review and meta-analysis.** BMC Med. 2024;22(1):315. Available from: <https://doi.org/10.1186/s12916-024-03505-w>.

### 3.iii. Other

1. Valentine S. **London saw a surprising benefit to fining high-polluting cars: more active kids.** 2024 [Sep 17]; Available from: <https://grist.org/cities/london-fining-polluting-cars-more-active-kids/>.
2. Wells JE, MacAuley D. **You're not alone: parents everywhere log 'ghost hours'.** Psychol Today. 2024. Available from: <https://www.psychologytoday.com/ca/blog/our-invisible-work/202409/youre-not-alone-parents-everywhere-log-ghost-hours>.

## 4. ENVIRONMENTAL HEALTH

### 4.i. Climate Change

1. Kuzik N, Bruijns B, Tremblay MS. **Climate change is a new hurdle for children's physical activity levels in Canada.** Ottawa, ON: Sport Information Resource Centre (SIRC); 2024 Sep 11. Available from: <https://sirc.ca/blog/climate-change-is-a-new-hurdle-for-childrens-physical-activity-levels-in-canada/>.

### 4.ii. Urban Design, Child Friendly Cities, Rural, Greenspace

1. Allison S, Card KG, Mulligan K. **Special issue: Social prescribing in Canada: an emerging approach to health and well-being, part II.** Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice. 2024;44(9):358-66. Available from: <https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-44-no-9-2024.html>.

### 4.iii. Exposures, Other

1. British Columbia Centre for Disease Control. **Wildfire Smoke Recommendations for Schools.** Vancouver, BC: BCCDC; 2024. Available from: [http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Guidelines%20and%20Manuals/Health-Environment/Wildfire\\_Smoke\\_Recommendations\\_for\\_Schools.pdf](http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Guidelines%20and%20Manuals/Health-Environment/Wildfire_Smoke_Recommendations_for_Schools.pdf).
2. Smolker HR, Reid CE, Friedman NP, Banich MT. **The association between exposure to fine particulate air pollution and the trajectory of internalizing and externalizing behaviors during late childhood and early adolescence: evidence from the Adolescent Brain Cognitive Development (ABCD) Study.** Environ Health Perspect. 2024;132(8):087001. Available from: <https://ehp.niehs.nih.gov/doi/abs/10.1289/EHP13427>.

## 5. MENTAL HEALTH

### 5.i. Happiness, Wellbeing, Distress

1. Blackwell CK, Wu G, Chandran A, Arizaga J, Bosquet Enlow M, Brennan PA, et al. **Longitudinal Changes in Youth Mental Health From Before to During the COVID-19 Pandemic.** JAMA Network Open. 2024;7(8):e2430198-e. Available from: <https://doi.org/10.1001/jamanetworkopen.2024.30198>.
2. Helliwell JF, Layard R, Sachs JD, Neve J-ED, Aknin LB, Wang S. **World happiness report 2024.** Oxford, England: Wellbeing Research Centre, University of Oxford; 2024 Mar 20. Available from: <https://worldhappiness.report/ed/2024/>.
3. McGovern R, Balogun-Katung A, Artis B, Bareham B, Spencer L, Alderson H, et al. **The Effectiveness of Preventative Interventions to Reduce Mental Health Problems in at-risk Children and Young People: A**



- Systematic Review of Reviews.** Journal of Prevention. 2024;45(4):651-84. Available from: <https://doi.org/10.1007/s10935-024-00785-z>.
4. Murray S, March S, Pillay Y, Senyard E-L. **A Systematic Literature Review of Strategies Implemented in Extended Education Settings to Address Children’s Mental Health and Wellbeing.** Clin Child Fam Psychol Rev. 2024. Available from: <https://doi.org/10.1007/s10567-024-00494-3>.
  5. Oberle E, Ji XR, Molyneux T, Alkawaja M, Guhn M, Forer B, et al. **Mental well-being trends and protective factors among adolescents in British Columbia from 2015 to 2022: a population-based repeated cross-sectional study.** Paper presentation at Public Health 2024, Halifax, NS. 2024.
  6. Ontario Agency for Health Protection and Promotion (Public Health Ontario). **Mental health indicators using data from the Canadian Health Survey of Children and Youth 2019.** Toronto, ON: King’s Printer for Ontario; 2024 Jun. Available from: [https://www.publichealthontario.ca/-/media/Documents/C/24/chsccy-mental-health-indicators-data.pdf?rev=6db01be5d4d349e7900baae897f80d0c&sc\\_lang=en](https://www.publichealthontario.ca/-/media/Documents/C/24/chsccy-mental-health-indicators-data.pdf?rev=6db01be5d4d349e7900baae897f80d0c&sc_lang=en).
  7. Rastogi R, Woolverton GA, Lee RM, Yip T, Stevens C, Chen JA, et al. **Microaggression and discrimination exposure on young adult anxiety, depression, and sleep.** J Affect Disord. 2024;363:141. Available from: <http://dx.doi.org/10.1016/j.jad.2024.07.083>.
  8. Smith A, Poon C, Peled M, Forsyth K, Saewyc E, McCreary Centre Society. **The big picture: an overview of the 2023 BC Adolescent Health Survey provincial results** Vancouver, BC: McCreary Centre Society; 2024 Feb. Available from: [https://mcs.bc.ca/pdf/2023\\_bcahs\\_the\\_big\\_picture.pdf](https://mcs.bc.ca/pdf/2023_bcahs_the_big_picture.pdf).
  9. Statistics Canada. **2023 Canadian Health Survey on Children and Youth — Changes in the mental health of respondents from the 2019 survey.** Ottawa, ON: Statistics Canada; 2024 Sep 10. Available from: <https://www150.statcan.gc.ca/n1/daily-quotidien/240910/dq240910a-eng.htm>.
  10. U.S. Surgeon General’s Advisory on the Mental Health & Well-Being of Parents. **Parents Under Pressure: The U.S. Surgeon General’s Advisory on the Mental Health & Well-Being of Parents.** Washington, DC: US Department of Health and Human Services; 2024 Aug. Available from: <https://www.hhs.gov/surgeongeneral/priorities/parents/index.html>.

## 5.ii. Sleep, Screentime

1. Alluhidan A, Akter M, Alsoubai A, Park JK. **Teen Talk: The Good, the Bad, and the Neutral of Adolescent Social Media Use.** ArXiv. 2024. Available from: <https://arxiv.org/html/2409.02358v1>.
2. Anderer S. **Less Screen Time Linked to Improved Sociability and Behavior in Children.** JAMA. 2024. Available from: <https://doi.org/10.1001/jama.2024.14875>.
3. Chicote-Beato M, González-Víllora S, Bodoque-Osma AR, Navarro R. **Cyberbullying intervention and prevention programmes in Primary Education (6 to 12 years): A systematic review.** Aggression and Violent Behavior. 2024;77:101938. Available from: <https://www.sciencedirect.com/science/article/pii/S1359178924000284>.
4. Early Childhood Observatory (Observatoire des tout-petits). **Screens and young children (Les écrans et les tout-petits).** CityNews Everywhere. 2024 Sep 19. Available from: <https://montreal.citynews.ca/2024/09/19/quebec-children-under-five-screens-overexposed/> and <https://tout-petits.org/publications/rapports/ecrans/>.
5. Institut national de santé publique. **Young people, health and screens: Supporting action in Indigenous contexts.** Quebec: INSPQ; 2024 Jun. Available from: <https://www.inspq.qc.ca/en/publications/3485>.
6. Kwon S, Armstrong B, Wetoska N, Capan S. **Screen time, sociodemographic factors, and psychological well-being among young children.** JAMA Netw Open. 2024;7(3):e2354488. Available from: <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2815689>.
7. Mannell K, Bloul S, Sefton-Green J, Willcox M. **Digital media and technology use by families with infants, toddlers, and young children: A scoping review and call for forward momentum.** Journal of Children and Media. 2024:1-24. Available from: <https://doi.org/10.1080/17482798.2024.2394939>.

8. Marciano L, Jindal S, Viswanath K. **Digital Detox and Well-Being**. *Pediatrics*. 2024. Available from: <https://doi.org/10.1542/peds.2024-066142>.

### 5.iii. Healthy Habits, Substance Use, Other

1. Foreman J, Arason N, Oakey M, Bains S, Karbakhsh M, Quiambao K, et al. **329 Identifying priority areas for public health action to reduce youth suicide and self-harm in British Columbia, Canada**. *Inj Prev*. 2024;30(Suppl 1):A71-A. Available from: [https://injuryprevention.bmj.com/content/injuryprev/30/Suppl\\_1/A71.2.full.pdf](https://injuryprevention.bmj.com/content/injuryprev/30/Suppl_1/A71.2.full.pdf).
2. Költő A, Looze Md, Jåstad A, Lennox ON, Currie D, Gabhainn SN. **A focus on adolescent sexual health in Europe, central Asia and Canada**. *Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 5*. Copenhagen, Denmark: World Health Organization European Region, WHO Regional Office for Europe; 2024. Available from: <https://iris.who.int/bitstream/handle/10665/378547/9789289061155-eng.pdf?sequence=1>.
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The Human Early Learning Partnership is situated within the traditional, ancestral and unceded territory of the x<sup>w</sup> məθk<sup>w</sup> əy' əm (Musqueam) People.

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