

HUMAN DEVELOPMENT RESEARCH REVIEW



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HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE

HELP’s Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Indigenous children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. Not all links are open access; some are abstract links where paid journal subscription is required. *HELP Reads* is posted monthly [here](#).

EDITOR PICKS

Connections matter: adolescent social connectedness profiles and mental well-being over time.

Eva Oberle, Associate Professor, Human Early Learning Partnership, and co-authors

“Increases in connectedness were associated with improvements in mental well-being and decreases with a decline in well-being over time...”



Physical environment features that predict outdoor active play can be measured using Google Street View images.

Mariana Brussoni, Director, Human Early Learning Partnership, and co-authors

“This study describes an automated method for selecting StreetView images in a given area and extracting from them measures of the built and social environment... The effectiveness of this method varies depending on the nature of the variable being measured.”



Motivations and challenges for grandparent–grandchild outdoor play in early childhood: perception of Canadian grandparents.

Mathilde Duflos, Department of Pediatrics, UBC and British Columbia Children’s Hospital Research Institute, and co-authors

“Our study emphasizes the importance of outdoor play for grandparents, especially as they develop their relationship with their young grandchildren.”



Parent psychological distress and parent-child relationships two years into the COVID-19 pandemic: Results from a Canadian cross-sectional study.

Kimberly Thomson, Assistant Professor, Faculty of Health Sciences, Simon Fraser University, and co-authors

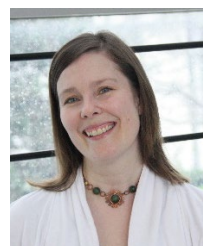
“This study investigates impacts of the pandemic on parents’ psychological distress, contextual sources of distress, and associations with family functioning nearly two years into the pandemic.”



Mental health and well-being among pandemic-era youth in British Columbia: Risk and protective factors.

Jacqueline Maloney, CHART Lab Research Coordinator, Simon Fraser University, and co-authors

“Here we highlight key mental health and well-being challenges and opportunities elucidated by YDI research during the pandemic.”



Population-based teacher-rated assessment of anxiety among Canadian kindergarten children.

Magdalena Janus, Affiliate Associate Professor, School of Population and Public Health, and co-authors

“Our findings suggest that anxious behaviors are related to children’s overall health and illustrate the consistency and extensiveness of anxiety at a very young age among Canadian children.”



A more-than-language approach to inclusion and success of Indigenous children in education: reflections on Cambodia’s multilingual education plan.

Jessica Ball, Professor, School of Child and Youth Care, and Mariam Smith

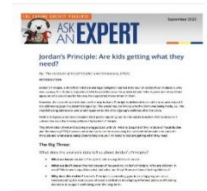
“Our interpretation of findings reinforces a conceptualization of multilingual education (MLE) as a means to transmit culturally diverse ways of knowing, doing, and being...”



Jordan’s Principle: Are kids getting what they need?

Institute of Fiscal Studies and Democracy

“This resource discusses what we can learn from assessing the available information on Jordan’s Principle and what else is being done to help ensure First Nations kids are getting what they need.”



The outcomes of Indigenous youth aging out of care.

Canadian Child Welfare Research Portal

“First Nations children in Canada are removed from their homes and placed into the child welfare care system at a rate of 17 times that of non-Indigenous children during a child welfare investigation...There is a critical need for further research conducted on the outcomes of First Nations, Métis and Inuit youth who exit care.”



Empowering Indigenous youth in care as they transition to adulthood. Critical actions for philanthropy and policy.

Conference Board of Canada

Several key findings are reported for Indigenous youth aging out of care – e.g., related to employment and earning [...] Indigenous-led programs and services delivered by child and family well-being agencies prioritize identity-building for youth in care...”



Spirit Bear Virtual School - Spirit Bear’s beary caring curriculum & learning guides

First Nations Child & Family Caring Society of Canada

This site provides learning guides, videos featuring educators with experience in reconciliation and social justice education, and links to Spirit Bear’s films, books, podcasts, and many other resources to support your teaching and learning.



HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

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11. Oberle E, Ji XR, Alkawaja M, Molyneux TM, Kerai S, Thomson KC, et al. **Connections matter: adolescent social connectedness profiles and mental well-being over time.** *J Adolesc.* 2023. Available from: <https://doi.org/10.1002/jad.12250>.
12. So J, Sun S, Kim A, Nemati S, Kim M, McIntosh G, et al. **98 Seeing the unseen– a retrospective review of the demographic characteristics of a place-based, inner-city social paediatrics program.** *Paediatr Child Health.* 2023;28(Supplement_1):e46-e. Available from: <https://doi.org/10.1093/pch/pxad055.098>.
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MIDDLE YEARS

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POLICY, PRACTICE, INTERVENTIONS

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The Human Early Learning Partnership is situated within the traditional, ancestral and unceded territory of the x^w məθk^w əy' əm (Musqueam) People.

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