HELP Reads



Vol 7 (8) AUGUST 2023

HUMAN DEVELOPMENT RESEARCH REVIEW



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HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE



EDITOR PICKS

Children's knowledge about play-related risk, risk-taking, and injury: a meta-study.

Mariana Brussoni, Director, Human Early Learning Partnership, and co-authors

"The findings of the meta-study suggest a still greater need for understanding children's knowledge about risk in relation to play, such as their understandings of safety and how autonomy in risk-taking may augment their physical and cognitive development."



Association between social jetlag and sugar-sweetened beverages (SSBs) in adolescents in Western Canada.

Martin Guhn, Associate Professor, UBC, and co-authors

"This study is the first to show social jetlag is a common sleep deficit that is associated with sugar-sweetened beverage intake in adolescents, particularly among teen girls."



Evaluating the psychometric properties and clinical utility of a digital psychosocial self-screening tool (HEARTSMAP-U) for postsecondary students: prospective cohort study.

Anne Gadermann, Associate Professor, UBC, and co-authors

"This preliminary evaluation suggests that HEARTSMAP-U may be suitable for screening in the postsecondary educational setting. However, a larger-scale evaluation is necessary to confirm and expand on these findings."



School districts as constrained leaders in the WoW bus early childhood outreach collaborative.

Silvia Vilches, Assistant Professor and Extension Specialist, Auburn University

"While schools provide an under-explored opportunity to anchor rural innovation in early childhood supports, a shift in funder accountabilities is needed."



Reducing inequities in children's mental health. Research snapshot #4. Sharon Goldfeld, Professor, Murdoch Children's Research Institute, and co-authors

"This research snapshot explores what happens to children's risk of poor mental health if all children are provided with the same rates of parental mental health and preschool attendance as children not experiencing disadvantage."





What do teachers do to show they care? Learning from the voices of early adolescents.

Jenna Whitehead, YDI Implementation Coordinator, Simon Fraser University

"This mixed methods study examined how middle school students (ages 11–13) in middle-class neighborhoods in Western Canada characterized a caring teacher.... In their descriptions of caring teachers, almost all students (97.5%) used Kind themes...."



Feasibility and initial psychometric properties of the observe, reflect, improve children's learning tool (ORICL) for early childhood services: A tool for building capacity in infant and toddler educators.

Magdalena Janus, Affiliate Associate Professor, SPPH UBC, and co-authors

"Findings suggest that the ORICL items can be readily observed and rated by educators for children aged under 3 years, the rating scale is appropriate, and there is early...."



Study findings Is there a link between video gaming and gambling?

Growing up in Australia

"Researchers have been using Growing Up in Australia data to examine the link between playing video games during adolescence and monetary gambling in young adulthood. By analysing Growing Up in Australia data from when participants were aged 12 to 18, we have discovered there could be a link between video gaming and later problem..."



Addressing the long-term effects of the COVID-19 pandemic on children and families.

National Academies of Sciences, Engineering, and Medicine

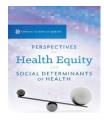
"This report provides recommendations for programs, supports, and interventions to counteract the negative effects of the pandemic on child and family well-being and offers a path forward to recover from the harms of the pandemic, address inequities, and prepare for the future."



Perspectives on health equity and social determinants of health.

National Academies of Sciences, Engineering, and Medicine

"Discussions found throughout this volume make way for the translation of policies and actions to improve health and health equity for all citizens of our society. The major health problems of our time cannot be solved by health care alone. They cannot be solved by public health alone. Collective action is needed, and it is needed now."



HELP Reads July Issue, 2023.

University of British Columbia, Faculty of Medicine, School of Population and Public Health, Human Early Learning Partnership

For back issues, please visit:

https://earlylearning.ubc.ca/resources/mediatype/help reads/.





HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

- Cleary J, Nolan C, Guhn M, Thomson KC, Barker S, Deane C, et al. A study protocol for community implementation of a new mental health monitoring system spanning early childhood to young adulthood. Longitudinal Life Course Stud. 2023 Jul 1;14(3):446-65. Available from: https://bristoluniversitypressdigital.com/view/journals/llcs/14/3/article-p446.xml.
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- 3. Virk P, Arora R, Burt H, Finnamore C, Gadermann A, Barbic S, Doan Q. Evaluating the psychometric properties and clinical utility of a digital psychosocial self-screening tool (HEARTSMAP-U) for postsecondary students: prospective cohort study. JMIR Ment Health. 2023 Aug 9;10:e48709. Available from: https://doi.org/10.2196/48709.
- 4. Whitehead J, Schonert-Reichl KA, Oberle E, Boyd L. What do teachers do to show they care? Learning from the voices of early adolescents. J Adoles Res. 2023;38(4):726-60. Available from: https://journals.sagepub.com/doi/abs/10.1177/07435584221076055.
- 5. Williams KE, Janus M, Harrison LJ, Wong S, Elwick S, McFarland L. Feasibility and initial psychometric properties of the observe, reflect, improve children's learning tool (ORICL) for early childhood services: A tool for building capacity in infant and toddler educators. Australasian Journal of Early Childhood. 2023:18369391231194374. Available from: https://journals.sagepub.com/doi/abs/10.1177/18369391231194374.
- Zhang K, Guhn M, Conklin AI. Association between social jetlag and sugar-sweetened beverages (SSBs) in adolescents in Western Canada. Eur J Public Health. 2023 Apr 1;33(2):287-92. Available from: https://www.ncbi.nlm.nih.gov/pubmed/36478224.

HELP RESOURCES

HELP READS are listed here by month: https://earlylearning.ubc.ca/resources/mediatype/help_reads/.

BIOLOGY/NEUROBIOLOGY ("early experiences")

- 1. Compton AB, Panlilio CC, Humphreys KL. What's the matter with ACEs? Recommendations for considering early adversity in educational contexts. Child Abuse Negl. 2023 Aug 1;142:106073. Available from: https://www.sciencedirect.com/science/article/pii/S0145213423000546.
- 2. Ferrara AM, Mullins CA, Ellner S, Van Meter P. Early child maltreatment and reading processes, abilities, and achievement: A systematic review. Child Abuse Negl. 2023 Aug 1;142:105857. Available from: https://www.sciencedirect.com/science/article/pii/S014521342200391X.
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CHILDCARE, ECD SERVICES

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- Prentice S, Protudjer JLP, Nijdam-Jones A, Shaw SY, Kelly LE, Gerstein AC. Please help us: Canadian childcare providers' calls for aid during the COVID-19 pandemic. J Early Childhood Res. 2023;0(0):1476718X231186620. Available from: https://journals.sagepub.com/doi/abs/10.1177/1476718X231186620.
- 3. Woodman L. Out of the shadows: An epistemological examination of family childcare in Canada. Journal of Childhood, Education & Society. 2023 07/14;4(2):219-29. Available from: https://www.j-ces.com/index.php/jces/article/view/260.

CHILD DEVELOPMENT (GENERAL)

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- 4. Jalongo MR, Guth LJ. Animal-Assisted Counseling for Young Children: Evidence Base, Best Practices, and Future Prospects. Early Childhood Educ J. 2023 2023/08/01;51(6):1035-45. Available from: https://doi.org/10.1007/s10643-022-01368-5.
- 5. Kaminski JW, Barrueco S, Kelleher KJ, Hoagwood K, Edwards A, Fox EG. Vital Signs for Pediatric Health: School Readiness: National Academy of Medicine; 2023 Jun 26. Available from: https://nam.edu/vital-signs-for-pediatric-health-school-readiness/.
- 6. McCallum KS, Youngblood J, Hayden KA, Brussoni M, Emery C, Bridel W. Children's knowledge about play-related risk, risk-taking, and injury: a meta-study. Leisure/Loisir. 2023:1-26. Available from: https://doi.org/10.1080/14927713.2023.2242859.
- 7. Russell G. Understanding Vulnerability and Resilience. A Guide for Professional Staff who Work with Vulnerable Others. London, UK: Routledge; 2023. Available from: https://www.routledge.com/Understanding-Vulnerability-and-Resilience-A-Guide-for-Professional-Staff/Russell/p/book/9781138490314#.
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- 9. Visier-Alfonso ME, Sánchez-López M, Rodríguez-Martín B, Ruiz-Hermosa A, Bartolomé-Gutiérrez R, Sequí-Domínguez I, Martínez-Vizcaíno V. Parents' Perceptions of Children's and Adolescents' Use of Electronic Devices to Promote Physical Activity: Systematic Review of Qualitative Evidence. JMIR Mhealth Uhealth. 2023 2023/7/20;11:e44753. Available from: https://doi.org/10.2196/44753



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- Goldfeld S, O'Connor E, Guo S, Pham C, Gray S. Reducing inequities in children's reading skills. Research snapshot #3. Melbourne, Australia: Murdoch Childrens Research Institute; 2023 Aug 10. Available from:
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- 2. Syrnyk C, McArthur A, Zwack A, Makowsky M. Reading to Dogs at Home: A Pilot Study. Early Childhood Educ J. 2023 2023/08/01;51(6):1059-65. Available from: https://doi.org/10.1007/s10643-023-01482-y.

Screentime

- 1. American Federation of Teachers. Likes vs. learning: the real cost of social media for schools: American Federation of Teachers; 2023. Available from:
 - https://www.aft.org/sites/default/files/media/documents/2023/LikesVSLearning Report.pdf.
- 2. Growing up in Australia. Study findings Is there a link between video gaming and gambling?: Government of Australia; 2023 Jun. Available from: https://growingupinaustralia.gov.au/sites/default/files/lsac-june-2023-yp-study-update-2.pdf.
- 3. Hmidan A, Seguin D, Duerden EG. Media screen time use and mental health in school aged children during the pandemic. BMC Psychology. 2023 2023/07/10;11(1):202. Available from: https://doi.org/10.1186/s40359-023-01240-0.
- 4. Precht L-M, Mertens F, Brickau DS, Kramm RJ, Margraf J, Stirnberg J, Brailovskaia J. Engaging in physical activity instead of (over)using the smartphone: An experimental investigation of lifestyle interventions to prevent problematic smartphone use and to promote mental health. Journal of Public Health. 2023 2023/02/09. Available from: https://doi.org/10.1007/s10389-023-01832-5.

Hubs, Other

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- Wahi G, Kandasamy S, Bangdiwala S, Baumann A, Arsenio MC-, Desai D, et al. Strengthening Community Roots:
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ENVIRONMENTAL HEALTH

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 Participation in Envisioning Workshops. Child Youth Environ. 2023 Jan 1;33:101-21. Available from:
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- 2. Barriage S, deSouza DK, Zitter S, Sarabu C. Drawing Play: A Content Analysis of Children's Drawings of Places Where They Like to Play. Child Youth Environ. 2023;33(2):63-89. Available from: https://muse.jhu.edu/article/903098.



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 - https://www.sciencedirect.com/science/article/pii/S1353829223001181.
- 6. Mani M, Woolley H, Russell J. A New Perceived Restorativeness Scale for Children's Everyday Environment (PRS-ChEE): Evaluating the Restorative Potential of Orphanages' Outdoor Spaces from the Viewpoint of Children. Child Youth Environ. 2023 Jan 1;33:130-52. Available from: https://muse.jhu.edu/pub/330/article/903101.
- 7. Traub J, Mainzer S. Holistic Wellness in Elementary Schoolyard Environments: An Analysis of 2000-2021 Research Studies. Child Youth Environ. 2023;33(2):108-29. Available from: https://muse.jhu.edu/pub/330/article/903100.
- 8. Williams T, Ward K, Smith M. Conceptualization of Co-Creation, Co-Design and Co-Production with Children for Health-Promoting Physical Environments: A Systematic Search and Scoping Review. Child Youth Environ. 2023 Jan 1;33:1-38. Available from: https://muse.jhu.edu/article/903096.

ADHD

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INDIGENOUS

- Campbell AR, Hill PL, Nicholson V, Lambert S, Cote HCF, Edmonds GW, et al. Exploring sense of purpose and
 conscientiousness as correlates to health and well-being with Indigenous and low socioeconomic
 communities on Coast Salish Territories, Vancouver, Canada. Canadian Journal of Behavioural Science /
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 First Nations. Canadian Journal of School Psychology. 2023;38(3):214-24. Available from:
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- 4. Fraser CG. "Dinjii Zhuh (Gwich'in) perspectives of epidemics: Contemporary Indigenous concepts of survival, community, strength, & COVID-19 in the Northwest Territories, Canada". Arctic Yearbook 2023 Special Issue: Arctic Pandemics. 2023. Available from: https://arcticyearbook.com/images/yearbook/2023-special/scholarly_papers/9_Dinjii_Zhuh.pdf.



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MIDDLE YEARS

- Goldfeld S, O'Connor E, Guo S, Pham C, Gray S. Reducing inequities in children's mental health. Research snapshot #4. Melbourne, Australia: Murdoch Childrens Research Institute; 2023 Aug 10. Available from:
 https://mcri.figshare.com/articles/online resource/Reducing inequities in children s mental health R esearch snapshot 4/22345162.
- 2. Krafft H, Boehm K, Schwarz S, Eichinger M, Büssing A, Martin D. Media Awareness and Screen Time Reduction in Children, Youth or Families: A Systematic Literature Review. Child Psychiatry Hum Dev. 2023 Jun;54(3):815-25. Available from: https://doi.org/10.1007/s10578-021-01281-9.
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POLICY, PRACTICE, INTERVENTIONS

- Representative for Children and Youth. The right to thrive: an urgent call to recognize, respect and nurture two
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 Children and Youth; 2023 Jun. Available from: https://rcybc.ca/wp-content/uploads/2023/06/RCY-The-Right-to-Thrive 22-June-2023.pdf.
- Vilches SL. School districts as constrained leaders in the WoW Bus rural early childhood outreach collaborative. Community Development. 2023 2023/07/04;54(4):610-28. Available from: https://doi.org/10.1080/15575330.2023.2225089.

SCREENING (tools, methods, school readiness, etc)

1. Maleki S, Hagelman RR, Lavy BL. Neighborhood Child Friendliness: A Comparative Analysis of Parental Landscape Perceptions and Geographic Information Systems-Based Urban Planning Indexes. The



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- 2. Virk P, Arora R, Burt H, Finnamore C, Gadermann A, Barbic S, Doan Q. Evaluating the psychometric properties and clinical utility of a digital psychosocial self-screening tool (HEARTSMAP-U) for postsecondary students: prospective cohort study. JMIR Ment Health. 2023 2023/8/9;10:e48709. Available from: https://doi.org/10.2196/48709.
- 3. Williams KE, Janus M, Harrison LJ, Wong S, Elwick S, McFarland L. Feasibility and initial psychometric properties of the observe, reflect, improve children's learning tool (ORICL) for early childhood services: A tool for building capacity in infant and toddler educators. Australasian Journal of Early Childhood. 2023:18369391231194374. Available from: https://journals.sagepub.com/doi/abs/10.1177/18369391231194374.

SOCIAL DETERMINANTS

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- National Academies of Sciences Engineering Medicine. Perspectives on health equity and social determinants of health. Bell CC, Deleon PH, Diaz A, Dill-Shackleford KE, Drake, LM, Gadsden VL, et al., editors. Washington, DC: The National Academies Press; 2023. Available from: https://nam.edu/perspectives-on-health-equity-and-social-determinants-of-health/.
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SOCIOEMOTIONAL

- Archambault É, Vigod SN, Brown HK, Lu H, Fung K, Shouldice M, Saunders NR. Mental illness following physical assault among children. JAMA Network Open. 2023;6(8):e2329172-e. Available from: https://doi.org/10.1001/jamanetworkopen.2023.29172.
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SPECIAL (COVID-19, media, other)

COVID-19

- Donato CCS, Corry RC, Moore SA, Mitra R, Vanderloo L. The Role of Toronto's Neighborhood Landscape
 Characteristics in Facilitating Outdoor Play During the COVID-19 Outbreak. Child Youth Environ. 2023 Jan
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- 3. Letcher P, Greenwood CJ, Macdonald JA, McIntosh J, Spry EA, Hutchinson D, et al. Life course psychosocial precursors of parent mental health resilience during the COVID-19 pandemic: A three-decade prospective cohort study. J Affect Disord. 2023 2023/08/15/;335:473-83. Available from: https://www.sciencedirect.com/science/article/pii/S0165032723006754.

The Human Early Learning Partnership is situated within the traditional, ancestral and unceded territory of the $x^w m \theta \theta k^w \theta y' \theta m$ (Musqueam) People.

For more information visit www.earlylearning.ubc.ca/library/citations

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