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## MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI) – Selected Publications, Reports

<http://earlylearning.ubc.ca/library/>

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## New 2022-2023 (Selected)

1. Albanese CM, Oberle E, Sutherland JM, Janus M, Schonert-Reichl KA, Georgiades K, et al. A cross-sectional study of organized activity participation and emotional wellbeing among non-immigrant and immigrant-origin children in British Columbia, Canada. *Preventive Medicine Reports*. 2022;102052. Available from: <https://doi.org/10.1016/j.pmedr.2022.102052>.
2. Gadermann A, Thomson K, Gill R, Schonert-Reichl KA, Gagné Petteni M, Guhn M, et al. **Early adolescents' experiences during the COVID-19 pandemic and changes in their well-being**. *Frontiers in Public Health*. 2022;10. Available from: <https://www.frontiersin.org/article/10.3389/fpubh.2022.823303>.
3. Schonert-Reichl KA. Chapter 12. Measuring and monitoring children's social and emotional competence and well-being in schools, families, and communities at the population level. *The Middle Years Development Instrument*. In: Jones SM, Lesaux NK, Barnes SP, Abenavoli RM, Berry DJ, editors. *Measuring noncognitive skills in school settings: Assessments of executive function and social-emotional competencies*. New York, NY: Guilford Press; 2022. Available from: <https://www.routledge.com/Measuring-Noncognitive-Skills-in-School-Settings-Assessments-of-Executive/Jones-Lesaux-Barnes-Abenavoli-Berry/p/book/9781462548668>.
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## MDI Background

1. Human Early Learning Partnership. **The Middle Years Development Instrument. Fact sheet**. Vancouver, BC: University of British Columbia, School of Population and Public Health; 2015. Available from: <http://earlylearning.ubc.ca/documents/432/>.
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3. Human Early Learning Partnership. **Supporting children's well-being in the middle years**. Vancouver, BC: University of British Columbia, School of Population and Public Health, Human Early Learning Partnership; 2015 Apr. Available from: <http://www.earlylearning.ubc.ca>.
4. Human Early Learning Partnership. **Fact Sheet: MDI data asks questions related to personal and social competencies**. Vancouver, BC: University of British Columbia, School of Population and Public Health; 2017 Sep.
5. Human Early Learning Partnership (HELP). **Discover MDI: a field guide**. Vancouver, BC: University of British Columbia, School of Population and Public Health, HELP; 2021 Jun. Available from: <https://discovermdi.ca/>.
6. Schonert-Reichl K. **The Middle Years Development Instrument - Our Children's Voices [YouTube]**. Vancouver, BC: University of British Columbia, School of Population and Public Health, Human Early Learning Partnership; 2012. Available from: <http://www.youtube.com/watch?v=qgxscnCoPTU>.
7. Schonert-Reichl K, Guhn M, Gadermann A, Hymel S, Sweiss L, Hertzman C. **Development and validation of the Middle Years Development Instrument (MDI): assessing children's well-being and assets across multiple contexts**. *Social Indicators Research*. 2013;114(2):345-69. Available from: <http://link.springer.com/article/10.1007%2Fs11205-012-0149-y#page-1>.

## MDI Findings (and related aspects)

1. Albanese CMA. **The association between organized activity participation and emotional wellbeing among immigrant-origin and non-immigrant children** [Text thesis] 2021. Available from: <https://open.library.ubc.ca/collections/24/items/1.0401099>.
2. Emerson SD, Gagné Petteni M, Guhn M, Oberle E, Georgiades K, Milbrath C, et al. **Social context factors and refugee children's emotional health**. *Social Psychiatry and Psychiatric Epidemiology*. 2021. Available from: <https://doi.org/10.1007/s00127-021-02173-y>.
3. Emerson SD, Ritland L, Guhn M. **A Scoping Review of Associations Between Ethno-Cultural Context and Mental Health in Canada**. *Canadian Journal of Community Mental Health*. 2021;40(2):23-48. Available from: <https://www.cjcmh.com/doi/abs/10.7870/cjcmh-2021-010>.
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7. Human Early Learning Partnership (HELP). **How are the kids? Children's Perspectives on their Health, Well-Being and Assets both Before and During a Global Pandemic through the Middle Years Development Instrument (MDI) in British Columbia, Canada**. Vancouver, BC: University of British Columbia, School of Population and Public Health, HELP; 2021 Jun. Available from: <http://earlylearning.ubc.ca/media/2020-21-mdi-data-trends-20210614.pdf>.
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1. Cooray MS. **Screen time, sleep and social relationships : a population-level study examining emotional wellbeing during early adolescence** [Text thesis]2020. Available from: <https://open.library.ubc.ca/collections/24/items/1.0392376>.
2. Gadermann A, Thomson K, Vent-Schmidt R, E. J. **The impact of COVID-19 on the mental health of families and children**. Richmond Hill, ON: Canadian Science Policy Centre; 2020. Available from: <https://sciencepolicy.ca/news/impact-covid-19-mental-health-families-and-children>.
3. Gagné M, Guhn M, Janus M, Georgiades K, Emerson SD, Milbrath C, et al. **Thriving, catching up, falling behind: Immigrant and refugee children's kindergarten competencies and later academic achievement**. *Journal of Educational Psychology*. 2020. Available from: <https://ijpds.org/article/view/1222>.
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6. Oberle E, Ji XR, Kerai S, Guhn M, Schonert-Reichl KA, Gadermann AM. **Screen time and extracurricular activities as risk and protective factors for mental health in adolescence: A population-level**

**study.** Preventive Medicine. 2020;141:106291. Available from:  
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1. Gagne M, Emerson S, Guhn M, Gadermann A. **School and community resources and the social-emotional and academic adjustment of refugee children [presentation]**. Halifax, NS: Dalhousie University, Child and Youth. Refugee Research Coalition (CYR RC); 2019. Available from: [https://cyrrc.org/wp-content/uploads/2020/08/CYRRCPresentation\\_5F\\_GagnetoCOCOOct2019.pdf](https://cyrrc.org/wp-content/uploads/2020/08/CYRRCPresentation_5F_GagnetoCOCOOct2019.pdf).
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4. Oberle E, Ji XR, Guhn M, Schonert-Reichl KA, Gadermann AM. **Benefits of Extracurricular Participation in Early Adolescence: Associations with Peer Belonging and Mental Health**. Journal of Youth and Adolescence. 2019. Available from: <https://doi.org/10.1007/s10964-019-01110-2>.
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8. Nelson HJhnpcea, Kendall GE, Burns SK, Schonert-Reichl KA. **A scoping review of self-report measures of aggression and bullying for use with preadolescent children.** J Sch Nurs. 2017;33(1):53-63. Available from: <https://www.ncbi.nlm.nih.gov/labs/articles/27872392/>.
9. Schonert-Reichl KA. **Social and emotional learning and teachers.** The Future of Children. 2017;27(1):137-55. Available from: <http://www.jstor.org/stable/44219025>.
10. Schonert-Reichl KA. **What are the experts saying? Interview with Dr. Kim Schonert-Reichl.** Vancouver, BC: University of British Columbia and the Collaborative for Academic, Social, and Emotional Learning (CASEL); 2017 Feb. Available from: <http://www.casel.org/wp-content/uploads/2017/02/Interview-with-Kim-Schonert-Reichl-2-16-17.pdf>.
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### National Selection

1. Evidence Exchange Network (EENet). **Research Snapshot: The impacts of the COVID-19 pandemic on family mental health in Canada.** Centre for Addiction and Mental Health's (CAMH); 2021 Jul. Available from: <https://kmb.camh.ca/eenet/resources/research-snapshot-impacts-covid-19-pandemic-family-mental-health-in-canada>.
2. Ferguson B, Power K. **Broader measures of success: Physical and mental health in schools.** People for Education; 2014. Available from: <https://peopleforeducation.ca/report/health-domain-paper/>.

### International Selection

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4. Gregory T, Engelhardt D, Lewkowicz A, Luddy S, Guhn M, Gadermann A, et al. **Validity of the Middle Years Development Instrument for Population Monitoring of Student Wellbeing in Australian School Children.** Child Indicators Research. 2019;12(3):873-99. Available from: <https://doi.org/10.1007/s12187-018-9562-3>.

### MDI Reports by School District

Selected (listed as a group here; many available to scan)

1. Human Early Learning Partnership (HELP). **Middle Years Development Instrument [MDI] School District and Community Reports.** Vancouver, BC: University of British Columbia, School of Population and Public Health, HELP; 2021 Sep. Available from: <http://earlylearning.ubc.ca/maps/mdi/nh/>.
2. Human Early Learning Partnership (HELP), Schonert-Reichl K. **2020-2021 MDI School Report Release. Understanding and promoting the well-being of children in middle childhood. Strategies and guidelines for sharing and using your MDI school report data [webinar].** Vancouver, BC: University of British Columbia, School of Population and Public Health, HELP; 2021 Apr 28. Available from: <https://www.youtube.com/watch?v=DQnu36715zw>.
3. Human Early Learning Partnership. **Back to School with the Middle Years Development Instrument (MDI) Webinar.** Vancouver, BC: University of British Columbia, School of Population and Public Health, Human Early Learning Partnership; 2019 Oct 9. Available from: <https://www.youtube.com/watch?v=jKz5zmnXb34>.
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7. Schonert-Reichl K, Pedrini L. **The Middle Years Development Instrument [presentation - Sept 17].** Adelaide, SA: Fraser Mustard Centre; 2012. Available from: [http://www.frasermustardcentre.sa.edu.au/files/links/MDI\\_Australia\\_Kim\\_Schoner\\_1.pdf](http://www.frasermustardcentre.sa.edu.au/files/links/MDI_Australia_Kim_Schoner_1.pdf).

## Videos

1. Human Early Learning Partnership. **MDI [Middle Years Development Instrument] Questions brief.** Vancouver, BC: HELP; 2019 Sep. Available from: [http://www.discovermdi.ca/wp-content/uploads/Portal\\_Resources/principal\\_package/MDI\\_Questions\\_Brief\\_2019-20.pdf](http://www.discovermdi.ca/wp-content/uploads/Portal_Resources/principal_package/MDI_Questions_Brief_2019-20.pdf).
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