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HUMAN DEVELOPMENT RESEARCH REVIEW



CONTENTS

HELP FACULTY and AFFILIATE

BIOLOGY/NEUROBIOLOGY ("early experiences")

CHILDCARE, ECD SERVICES

CHILD DEVELOPMENT (GENERAL)

ENVIRONMENTAL HEALTH

INDIGENOUS

MIDDLE YEARS

POLICY, PRACTICE, INTERVENTIONS

SCREENING

SOCIAL DETERMINANTS (Income, Employment, Housing, Food Security, Inequity, etc)

SOCIOEMOTIONAL

SPECIAL (COVID-19, media, other)

HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE



EDITOR PICKS

Encouraging advances in the science on mindfulness and compassion in schools: current research, lingering questions, and future directions.

Kimberly Schonert-Reichl, Professor, University of Illinois at Chicago

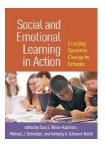
"This commentary begins with a brief summary of the synopsis by Roeser et al. of the impact of school-based mindfulness programs on student outcomes."



Chapter 1: Introduction: Meeting the moment with systemic SEL.

Kimberly Schonert-Reichl, Professor, University of Illinois at Chicago, and co-authors

"We envision this book supporting and inspiring those who work to enable districts, schools, and classrooms to cultivate positive social skills, teach self-management, and instill an approach to ethical decision-making. We drew from practical experiences as well as theory and research in developmental and educational."



A virtues approach to children's kindness schemas.

Michael Warren, Assistant Professor, Western Washington University, and co-authors

"The breadth of children's schema repertoires was positively associated with peer (but not teacher) ratings of their kindness, and virtues that attend to others' vulnerability (compassion, inclusion) were the most indicative of children's kindness from peers' perspectives."



Are experiences for families with young children in BC improving? HELP Releases CHEQ 2022 COVID-19 Rapid Report. Human Early Learning Partnership

"While some of the data is trending in a positive direction, these findings highlight the ongoing impact of the pandemic on families with young children, as well as the need for early years supports and services including child care, food security, and opportunities for connection."



Access to mental health support, unmet need and preferences among adolescents during the first year of the COVID-19 pandemic.

Martin Guhn, Assistant Professor, Human Early Learning Partnership, and co-authors

"Adolescents of gender or sexual minority status and those with anxiety were more likely than others to have discussed mental health concerns and also to have reported unmet need."





EDITOR PICKS

2022 BC Child poverty report card.

First Call

"While it is apparent that government support played a critical role in reducing child poverty in 2020, in 2023 families are facing record high inflation rates. Progress made towards decreasing both the rate and depth of family poverty in 2020 may be all but wiped out by increasing costs in 2023."





Sparc bc POVERTY

National poverty report card: Pandemic lessons: ending child and family poverty is possible.

Campaign 2000

"The report shows that during a global pandemic, rates of child poverty in Canada were reduced by a record 40%. [...] These benefits have all been retracted."



Early learning and child care in Canada: where have we come from, where are we going?

Institute for Research on Public Policy

"This paper provides four recommendations for governments, drawing on analysis of national and regional progress."



Online digital media use and adolescent mental health.

Stacie Kerr, Mila Kingsbury

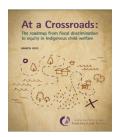
"Different types of online digital media use are differentially associated with mental health outcomes, and associations differ between sexes. The associations between social media and video or instant messaging, and mental ill health may be partially explained by the experience of cybervictimization and sleep adequacy."



At a crossroads: the roadmap from fiscal discrimination to equity in Indigenous child welfare.

Representative for Children and Youth BC

"This report is intended to be a roadmap to positive change – to shine a light on fiscal inequities in First Nations, Métis, Inuit and Urban Indigenous child welfare and bring about structural and substantial change to the fiscal ecosystem to reduce inequalities, keep children with their families where possible, and to improve outcomes for young...."





HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

- 1. Gorfinkel LR, Snell G, Long D, del Casal M, Wu J, Schonert-Reichl K, et al. Access to mental health support, unmet need and preferences among adolescents during the first year of the COVID-19 pandemic. Health Promot Chronic Dis Prev Can. 2023;43(4). Available from: https://doi.org/10.24095/hpcdp.43.4.03.
- 2. McCray G, McCoy D, Kariger P, Janus M, Black MM, Chang SM, et al. The creation of the Global Scales for Early Development (GSED) for children aged 0–3 years: combining subject matter expert judgements with big data.

 BMJ Global Health. 2023;8(1):e009827. Available from:

 https://gh.bmj.com/content/bmjgh/8/1/e009827.full.pdf.
- 3. Prime H, Andrews K, Markwell A, Gonzalez A, Janus M, Tricco AC, et al. **Positive parenting and early childhood cognition: a systematic review and meta-analysis of randomized controlled trials**. Clin Child Fam Psychol Rev. 2023. Available from: https://www.ncbi.nlm.nih.gov/pubmed/36729307.
- 4. Rimm-Kaufman SE, Strambler MJ, Schonert-Reichl KA. Chapter 1: Introduction: Meeting the moment with systemic SEL In: Rimm-Kaufman SE, Strambler MJ, Schonert-Reichl KA, editors. Social and emotional learning in action creating systemic change in schools. New York, NY: Guilford; 2023. Available from: https://coe.arizona.edu/sites/default/files/SEL%20in%20Action-Creating%20Systemic%20Change%20in%20Schools%20-%20in%20press%20-%20S%20Rimm-Kaufman.pdf.
- 5. Schonert-Reichl KA. Encouraging advances in the science on mindfulness and compassion in schools: current research, lingering questions, and future directions. Mindfulness. 2023. Available from: https://doi.org/10.1007/s12671-023-02070-2.
- 6. Warren MT, Braun SS, Schonert-Reichl KA. **A virtues approach to children's kindness schemas**. J Posit Psychol. 2023:1-14. Available from: https://doi.org/10.1080/17439760.2023.2170822.

HELP RESOURCES

- Human Early Learning Partnership. Ongoing impact of the covid-19 pandemic on families with young children in British Columbia [2021-2022 CHEQ COVID-19 rapid report]. Vancouver, BC: University of British Columbia, School of Population and Public Health, Human Early Learning Partnership; 2023 Feb. Available from: https://earlylearning.ubc.ca/are-experiences-for-families-with-young-children-in-bc-improving/.
- 2. Human Early Learning Partnership. **CHEQ trends & connections with the EDI [webinar]**. Vancouver, BC: Human Early Learning Partnership; 2023 Thursday, March 2 Time: 1:00 2:30PM via Zoom. Available from: https://earlylearning.ubc.ca/cheq-trends-and-connections-with-the-edi/.

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 BJPsych Open. 2023;9(1):e29. Available from: https://www.ncbi.nlm.nih.gov/pubmed/36715086.
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- 3. de Mendonça Filho EJ, Pokhvisneva I, Maalouf CM, Parent C, Mliner SB, Slopen N, et al. Linking specific biological signatures to different childhood adversities: findings from the HERO project. Pediatr Res. 2023. Available from: https://doi.org/10.1038/s41390-022-02415-y.
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- 9. Moran C, Thomson G, Moran V, Fallon V. The content, experiences and outcomes of interventions designed to increase early skin-to-skin contact in high-income settings: A mixed-methods systematic review. Acta paediatrica (Oslo, Norway: 1992). 2023;112(2):200-21. Available from: https://doi.org/10.1111/apa.16575.
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- 3. Cleveland G. Early learning and child care in Canada: where have we come from, where are we going? Montreal, QC: Institute for Research on Public Policy; 2022 Oct 19. Available from: https://irpp.org/research-studies/early-learning-and-child-care-in-canada/.
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12. Yoong SL, Pearson N, Reilly K, Wolfenden L, Jones J, Nathan N, et al. A randomised controlled trial of an implementation strategy delivered at scale to increase outdoor free play opportunities in early childhood education and care (ECEC) services: a study protocol for the get outside get active (GOGA) trial. BMC Public Health. 2022;22(1):610. Available from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8961494/.

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INDIGENOUS

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- 5. Radford A, Toombs E, Zugic K, Boles K, Lund J, Mushquash CJ. Examining Adverse Childhood Experiences (ACEs) within Indigenous Populations: a Systematic Review. Journal of Child & Adolescent Trauma. 2022;15(2):401-21. Available from: https://doi.org/10.1007/s40653-021-00393-7.
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- 9. Toombs E, Lund JI, Mushquash AR, Mushquash CJ. Intergenerational residential school attendance and increased substance use among First Nation adults living off-reserve: An analysis of the Aboriginal Peoples Survey 2017. Front Public Health. 2022;10:1029139. Available from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9895934/.



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POLICY, PRACTICE, INTERVENTIONS

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- 10. Salami B, Olukotun M, Vastani M, Amodu O, Tetreault B, Obegu PO, et al. **Immigrant child health in Canada: a scoping review**. BMJ Glob Health. 2022;7(4). Available from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9014022/.
- 11. Schonert-Reichl KA. Encouraging advances in the science on mindfulness and compassion in schools: current research, lingering questions, and future directions. Mindfulness. 2023. Available from: https://doi.org/10.1007/s12671-023-02070-2.

SCREENING (tools, methods, school readiness, etc)

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- McCray G, McCoy D, Kariger P, Janus M, Black MM, Chang SM, et al. The creation of the Global Scales for Early
 Development (GSED) for children aged 0–3 years: combining subject matter expert judgements with big data.
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SOCIAL DETERMINANTS

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SPECIAL (COVID-19, media, other)

COVID-19

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The Human Early Learning Partnership is situated within the traditional, ancestral and unceded territory of the $x^w m \theta \theta k^w \theta y' \theta m$ (Musqueam) People.

For more information visit www.earlylearning.ubc.ca/library/citations

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