HELP Reads
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HUMAN DEVELOPMENT RESEARCH REVIEW

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HUMAN DEVELOPMENT RESEARCH REVIEW: AIMS AND SCOPE

HELP’s Human Development Research Review (HELP Reads) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Indigenous children and youth, and family policy. HELP Reads connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet HELP Reads standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly here.
EDITOR PICKS

Encouraging advances in the science on mindfulness and compassion in schools: current research, lingering questions, and future directions.
Kimberly Schonert-Reichl, Professor, University of Illinois at Chicago
“This commentary begins with a brief summary of the synopsis by Roeser et al. of the impact of school-based mindfulness programs on student outcomes.”

Chapter 1: Introduction: Meeting the moment with systemic SEL.
Kimberly Schonert-Reichl, Professor, University of Illinois at Chicago, and co-authors
“We envision this book supporting and inspiring those who work to enable districts, schools, and classrooms to cultivate positive social skills, teach self-management, and instill an approach to ethical decision-making. We drew from practical experiences as well as theory and research in developmental and educational.”

A virtues approach to children’s kindness schemas.
Michael Warren, Assistant Professor, Western Washington University, and co-authors
“The breadth of children’s schema repertoires was positively associated with peer (but not teacher) ratings of their kindness, and virtues that attend to others’ vulnerability (compassion, inclusion) were the most indicative of children’s kindness from peers’ perspectives.”

“While some of the data is trending in a positive direction, these findings highlight the ongoing impact of the pandemic on families with young children, as well as the need for early years supports and services including child care, food security, and opportunities for connection.”

Access to mental health support, unmet need and preferences among adolescents during the first year of the COVID-19 pandemic.
Martin Guhn, Assistant Professor, Human Early Learning Partnership, and co-authors
“Adolescents of gender or sexual minority status and those with anxiety were more likely than others to have discussed mental health concerns and also to have reported unmet need.”
EDITOR PICKS

2022 BC Child poverty report card.
First Call
“While it is apparent that government support played a critical role in reducing child poverty in 2020, in 2023 families are facing record high inflation rates. Progress made towards decreasing both the rate and depth of family poverty in 2020 may be all but wiped out by increasing costs in 2023.”

National poverty report card: Pandemic lessons: ending child and family poverty is possible.
Campaign 2000
“The report shows that during a global pandemic, rates of child poverty in Canada were reduced by a record 40%. [...] These benefits have all been retracted.”

Early learning and child care in Canada: where have we come from, where are we going?
Institute for Research on Public Policy
“This paper provides four recommendations for governments, drawing on analysis of national and regional progress.”

Online digital media use and adolescent mental health.
Stacie Kerr, Mila Kingsbury
“Different types of online digital media use are differentially associated with mental health outcomes, and associations differ between sexes. The associations between social media and video or instant messaging, and mental ill health may be partially explained by the experience of cybervictimization and sleep adequacy.”

At a crossroads: the roadmap from fiscal discrimination to equity in Indigenous child welfare.
Representative for Children and Youth BC
“This report is intended to be a roadmap to positive change – to shine a light on fiscal inequities in First Nations, Métis, Inuit and Urban Indigenous child welfare and bring about structural and substantial change to the fiscal ecosystem to reduce inequalities, keep children with their families where possible, and to improve outcomes for young....”
HELP FACULTY and AFFILIATE (selected publications)


HELP RESOURCES


BIOLOGY/NEUROBIOLOGY (“early experiences”)


CHILDCARE, ECD SERVICES


CHILDB DEVELOPMENT (GENERAL)


ENVIRONMENTAL HEALTH


INDIGENOUS


MIDDLE YEARS


POLICY, PRACTICE, INTERVENTIONS


SCREENING (tools, methods, school readiness, etc)


SOCIAL DETERMINANTS


SOCIOEMOTIONAL


SPECIAL (COVID-19, media, other)

COVID-19


