2022 HELP READS



HUMAN DEVELOPMENT RESEARCH REVIEW

VOL 6 (5) MAY 2022



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Human Development Research Review: Aims and Scope

HELP's Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Indigenous children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly; please see: www.earlylearning.ubc.ca/library/citations.



EDITOR PICKS

Developmental profiles of children at risk for autism spectrum disorder at school entry.

Brenda Poon, Assistant Professor, Human Early Learning Partnership, and coauthors

"Comparison of children in British Columbia who have been referred for an autism assessment, with or without a diagnosis, shows similarities in their functional and developmental profiles in kindergarten. Furthermore...."



Out of the box #5: The benefits of "risky play" for kids [podcast]. Mariana Brussoni, Director, Human Early Learning Partnership

"In this podcast Dr. Brussoni discusses the proven immense benefits of risky play, how it can actually reduce injuries in kids, and whether we as a society have lost the appropriate balance between keeping children healthy and active, and protecting them from serious harm."



Prevalence of mental health disorders among immigrant, refugee, and nonimmigrant children and youth in British Columbia, Canada. Anne Gadermann, Assistant Professor, Human Early Learning Partnership, and co-authors

"These findings show differences in diagnostic mental disorder prevalence among first- and second-generation immigrant and refugee children and youth relative to nonimmigrant children and youth."more



School staff and teachers during the second year of COVID-19: Higher anxiety symptoms, higher psychological distress, and poorer mental health compared to the general population. Eva Oberle, Assistant Professor, Human Early Learning Partnership, and coauthors

"These results show that priorities to reduce mental health challenges are critical during a public health crisis, not only at the beginning, but also one year later."



Early adolescents' experiences during the COVID-19 pandemic and changes in their well-being.

Kimberly Thomson, Postdoctoral Fellow, Human Early Learning Partnership, and co-authors

"Results from this study can inform decision making of policy-makers, educators, and practitioners working with youth, by providing information on students' experiences during the pandemic and identifying factors that may be protective for students' mental health during and beyond the pandemic."





The influence of early-life residential exposure to different vegetation types and paved surfaces on early childhood development: A population-based birth cohort study.

Martin Guhn, Assistant Professor, Human Early Learning Partnership, and coauthors

"Our findings indicate that increased early-life residential exposure to vegetation is positively associated with early childhood developmental outcomes, and..."



Kindergarten educators with children at home struggled during the pandemic — mental health supports are needed.

Natalie Spadafora and Magdalena Janus (right), Affiliate Associate Professor, School of Population and Public Health, UBC

"Concerns about the effects of school closures and COVID-19 disruptions over the past two years are still very much a concern for educators..."



The State of the World's Children. On my mind: Promoting, protecting and caring for children's mental health 2021.

Johns Hopkins Bloomberg School of Public Health and the United Nations Children's Fund

"This report examines child, adolescent and caregiver mental health. It focuses on risks and protective factors at critical moments in the life course and delves into the social determinants that shape mental health and well-being..."



Anti-racism Data Act.

Government of British Columbia, 2022

"On May 2, 2022, British Columbia introduced the <u>Anti-Racism Data Act</u>, new legislation aimed at identifying and eliminating systemic racism in government programs and services and paving the way to a more just and equitable province...."



Game Changer. Will provinces and territories meet the new federal child care fee targets? Canadian child care fees 2021.

David Macdonald, Martha Friendly

"This report assesses which provinces and territories are on track to meet these ambitious targets and which ones might fall behind...."





HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

- 1. Brussoni M. **Out of the box #5: The benefits of "risky play" for kids [podcast]**. Live and Learn, BFM; 2022 May 18. Available from: https://www.bfm.my/podcast/bigger-picture/live-and-learn/out-of-the-box-5-the-benefits-of-risky-play-for-kids.
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 Frontiers in Public Health. 2022;10. Available from:
 https://www.frontiersin.org/article/10.3389/fpubh.2022.823303.
- 3. Gadermann AM, Gagne Petteni M, Janus M, Puyat JH, Guhn M, Georgiades K. **Prevalence of mental** health disorders among immigrant, refugee, and nonimmigrant children and youth in British Columbia, Canada. JAMA Netw Open. 2022;5(2):e2144934. Available from: https://www.ncbi.nlm.nih.gov/pubmed/35166784.
- 4. Hutchison SM, Watts A, Gadermann A, Oberle E, Oberlander TF, Lavoie PM, et al. **School staff and teachers during the second year of COVID-19: Higher anxiety symptoms, higher psychological distress, and poorer mental health compared to the general population.** J Affective Disorders Reports. 2022;8:100335. Available from: https://doi.org/10.1016/j.jadr.2022.100335.
- 5. Ip A, Poon BT, Hanley G, Guhn M, Oberlander TF. **Developmental profiles of children at risk for autism spectrum disorder at school entry**. Autism Res. 2022. Available from: https://doi.org/10.1002/aur.2742.
- 6. Jarvis I, Sbihi H, Davis Z, Brauer M, Czekajlo A, Davies HW, et al. The influence of early-life residential exposure to different vegetation types and paved surfaces on early childhood development: A population-based birth cohort study. Environ Int. 2022;163:107196. Available from: https://www.sciencedirect.com/science/article/pii/S0160412022001222.
- 7. Spadafora N, Janus M. **Kindergarten educators with children at home struggled during the pandemic mental health supports are needed**. The Conversation. 2022. Available from: https://theconversation.com/kindergarten-educators-with-children-at-home-struggled-during-the-pandemic-mental-health-supports-are-needed-175210.
- Watts AW, Hutchison SM, Bettinger JA, Gadermann A, Oberle E, Oberlander TF, et al. COVID-19 vaccine intentions and perceptions among public school staff of the Greater Vancouver Metropolitan Area, British Columbia, Canada. Frontiers in public health. 2022;10:832444-. Available from: https://pubmed.ncbi.nlm.nih.gov/35570951.

HELP RESOURCES

 Human Early Learning Partnership. HELP Reads & Literature Reviews HELP Reads: HELP's Monthly child development citation list. Vancouver, BC: University of British Columbia, Faculty of Medicine, School of Population and Public Health; 2022. Available from: http://earlylearning.ubc.ca/library/citations/.



BIOLOGY/NEUROBIOLOGY ("early experiences")

- Crockett LK, Ruth CA, Heaman MI, Brownell MD. Education Outcomes of Children Born Late Preterm: A Retrospective Whole-Population Cohort Study. Matern Child Health J. 2022;26(5):1126-41. Available from: https://www.ncbi.nlm.nih.gov/pubmed/35301671.
- Rainham DG, Bennett M, Blanchard CM, Kirk SF, Rehman L, Stone M, et al. Parents and Children Should Be More Active Together to Address Physical Inactivity and Sedentary Behaviours. Front Public Health. 2022;10:633111. Available from: https://www.ncbi.nlm.nih.gov/pubmed/35462818.
- 3. Roubinov D, Meaney MJ, Boyce WT. Change of pace: How developmental tempo varies to accommodate failed provision of early needs. Neurosci Biobehav Rev. 2021;131:120-34. Available from: https://www.sciencedirect.com/science/article/pii/S0149763421004139.
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CHILDCARE, ECD SERVICES

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 Childhood Education and Children's Social, Emotional and Cognitive Development: A Mixed Methods Systematic Review. Int J Environ Res Public Health. 2022;19(10):5967. Available from:
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- 4. Schmitt SA, Mihalec-Adkins B, Lipscomb ST, Pratt ME, Horvath G. Longitudinal relations among child care stability during the prekindergarten year and behavior problems. Children Youth Serv Rev. 2022;138. Available from: https://doi.org/10.1016/j.childyouth.2022.106522.

CHILD DEVELOPMENT (GENERAL)

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- 3. Dodd HF, Nesbit RJ, FitzGibbon L. Child's Play: Examining the Association Between Time Spent Playing and Child Mental Health. Child Psychiatry Hum Dev. 2022. Available from: https://doi.org/10.1007/s10578-022-01363-2.
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MIDDLE YEARS

Fox EG, Kahn NF, Battle G. When youth are experts in the field. National Academies of Science Engineering and Medicine; 2022 May. Available from: <a href="https://issues.org/youth-experts-bcyf-nasem-fox-kahn-battle/?utm_source=NASEM+News+and+Publications&utm_campaign=c3b0ab7a91-EMAIL_CAMPAIGN_2022_05_09_06_17&utm_medium=email&utm_term=0_96101de015-c3b0ab7a91-102675305&mc_cid=c3b0ab7a91&mc_eid=72cce80828.

PARTNERSHIPS, HUBS, INTEGRATED CENTRES/SERVICES

 Gertel-Rosenberg A, Viveiros J, Koster A, Thompson G, Taylor B, Blackburn KB, et al. Moving the needle on health inequities: principles and tactics for effective cross-sector population health networks. Curr Opin Pediatr. 2022;34(1):27-32. Available from: https://www.ncbi.nlm.nih.gov/pubmed/34840251.

POLICY, PRACTICE, INTERVENTIONS

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- 7. Sharma N, Asaf A, Vaivada T, Bhutta ZA. **Delivery strategies supporting school-age child health: a systematic review**. Pediatrics. 2022;149:S1-S20. Available from: https://doi.org/10.1542/peds.2021-053852l.

SCREENING (tools, methods, school readiness, etc)

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SOCIAL DETERMINANTS

- Lee H. Family economic hardship and children's behavioral and socio-emotional outcomes in middle childhood: Direct and indirect pathways. Children Youth Serv Rev. 2022;138. Available from: https://doi.org/10.1016/j.childyouth.2022.106527.
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 Mediating Pathways Through Parental Well-Being and Behaviors. In: Fiese BH, Johnson AD, editors. Food Insecurity in Families with Children: Integrating Research, Practice, and Policy. Cham: Springer International Publishing; 2021. p. 11-32. Available from: https://doi.org/10.1007/978-3-030-74342-0 2.
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- 2. Thompson D. Why American Teens Are So Sad. The Atlantic. 2022. Available from: https://www.theatlantic.com/newsletters/archive/2022/04/american-teens-sadness-depression-anxiety/629524/?utm_source=copy-link&utm_medium=social&utm_campaign=share.
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MEDIA (HELP general)

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SPECIAL (COVID-19; Children's Environmental Health)

COVID-19

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 effects on the social determinants of health in children and families. Annals of Allergy, Asthma
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Children's Environmental Health

- 1. Balanzá-Martínez V, Cervera-Martínez J. Lifestyle Prescription for Depression with a Focus on Nature Exposure and Screen Time: A Narrative Review. Int J Environ Res Public Health. 2022;19(9):5094. Available from: https://www.mdpi.com/1660-4601/19/9/5094.
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