



Going Deep

A Systemic Framework for Change

THE SYSTEMS ICEBERG



SYMPTOMS

Anxiety and worries

Aggressive/bullying behaviours

Childhood depression

Lack of self-regulation

THE SYSTEMS ICEBERG

REACT

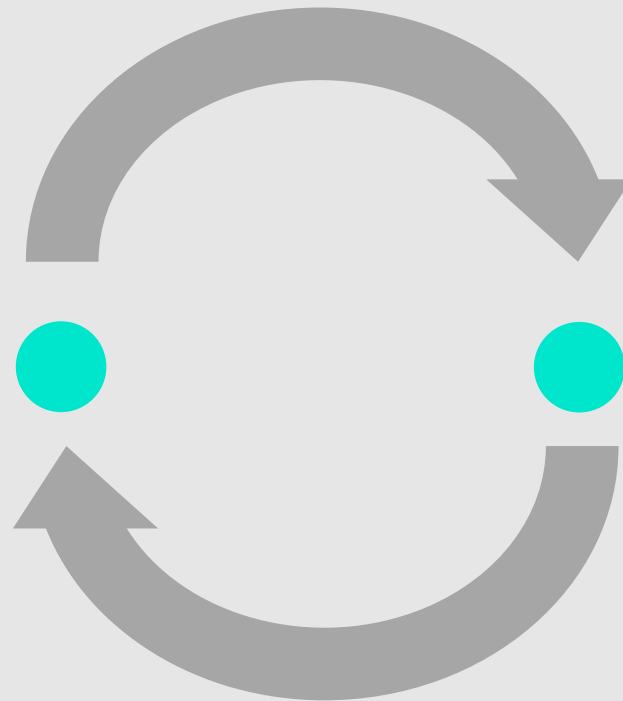


SYMPTOMS

Symptom



Reaction

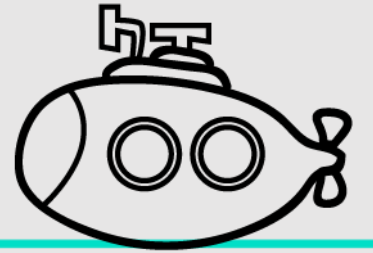


THE SYSTEMS ICEBERG

REACT



SYMPTOMS



ANTICIPATE

PATTERNS & TRENDS



Thinking about trends can allow us to
forecast and potentially *forestall*
challenges

THE SYSTEMS ICEBERG

REACT

SYMPTOMS



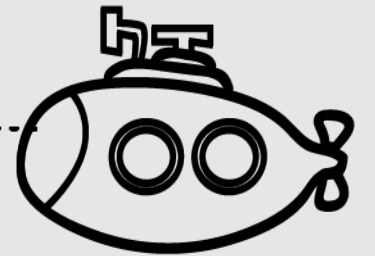
ANTICIPATE

PATTERNS & TRENDS



DESIGN

STRUCTURES & PROCESSES



The system creates these patterns,
trends and outcomes

Structures and Processes Are

“...rules, programs, norms, policies, guidelines, power structures, distribution of resources, cultural rules or informal ways of work that have been embedded and institutionalized”

THE SYSTEMS ICEBERG

REACT

SYMPTOMS



ANTICIPATE

PATTERNS & TRENDS

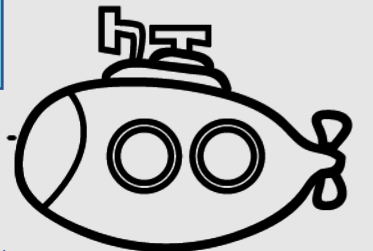


DESIGN

STRUCTURES & PROCESSES

TRANSFORM

BELIEFS, VALUES & BEHAVIOURS



Each of us is an integral part of the system



We are here to awaken
from our illusion of
separateness

Thich Nath Hanh