

# HUMAN DEVELOPMENT RESEARCH REVIEW

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## CONTENTS

- [HELP FACULTY and AFFILIATE](#)
- [BIOLOGY/NEUROBIOLOGY \(“early experiences”\)](#)
- [CHILDCARE, ECD SERVICES](#)
- [CHILD DEVELOPMENT \(GENERAL\)](#)
- [INDIGENOUS](#)
- [MIDDLE YEARS](#)
- [PARTNERSHIPS, HUBS, INTEGRATED SERVICES](#)
- [POLICY, PRACTICE, INTERVENTIONS](#)
- [SCREENING](#)
- [SOCIAL DETERMINANTS \(Income, Employment, Housing, Food Security, Inequity, etc\)](#)
- [SOCIOEMOTIONAL](#)
- [MEDIA](#)
- [SPECIAL](#)

### *Human Development Research Review: Aims and Scope*

HELP's Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Aboriginal children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. How to access the items? Click on the link related to each entry and it should take you to the item. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly; please see: [www.earlylearning.ubc.ca/library/citations](http://www.earlylearning.ubc.ca/library/citations).

## EDITOR PICKS

### World happiness report 2018.

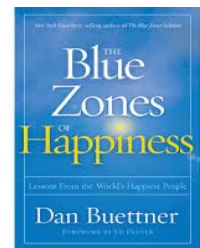
Helliwell, J; Layard R; Sachs, J. Sustainable Development Solutions  
*“Increasingly, with globalisation, the people of the world are on the move; and most of these migrants are seeking a happier life. But do they achieve it? That is the central issue considered in this 2018 World Happiness Report.”*



### The blue zones of happiness.

Dan Buettner. National Geographic, 2017 Nov.

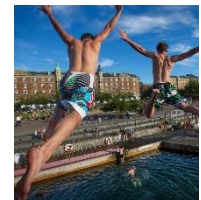
*Buettner describes how the three strands of happiness—joy, purpose, and satisfaction—weave together in different ways to make Denmark, Costa Rica, and Singapore some of the world's happiest places.*



### These are the happiest places in the world.

Dan Buettner. National Geographic, 2017 Nov

*“What do Denmark, Costa Rica, and Singapore have in common? Their people feel secure, have a sense of purpose, and enjoy lives that minimize stress and maximize joy. Here’s how they do it.”*



### Happiness, well being and human development: the case for subjective measures.

Paul Anand

*“This paper argues that these data and models can make important contributions to human development...”*



### Interpreting the Well Being Index.

Human Early Learning Partnership, 2012

*Well-being is more than simply not feeling bad. Whereas in the past not being ill was equated with being well, current psychologists distinguish well-being from being “functional.” They define well-being as experiencing the pleasures and joys that “make life worth living.” [Image courtesy of martin, Flickr CC]*

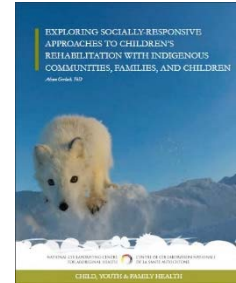


## EDITOR PICKS

Exploring socially-responsive approaches to children’s rehabilitation with Indigenous communities, families, and children.

Alison Gerlach, Honorary Research Associate, Human Early Learning Partnership, 2018 Mar

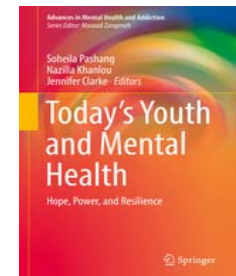
*“This paper summarizes knowledge about rehabilitation for Indigenous children with developmental challenges, disabilities, and complex health conditions. It explores the relevancy of the concepts of ‘disability’ and ‘rehabilitation’ within the settler-colonial context of Canada, highlights emerging themes in the literature on rehabilitation with Indigenous children in Canada, and identifies current gaps in knowledge and areas for future research. The paper argues that in order for children’s rehabilitation to be responsive to the lived realities of Indigenous communities and families, service delivery models, policies and practices must be informed by an understanding of dis/ability in relation to the multifaceted, historical, and ongoing effects of colonization. This requires a radical shift in service delivery grounded in Indigenous self-determination and human rights.”*



Today’s youth and mental health. Hope, power, and resilience.

Pashang S, Khanlou N, Clarke J, editors.

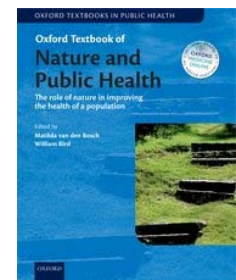
*“This book focuses on the social and intersectional determinants of mental health among youth.”*



Oxford textbook of nature and public health. The role of nature in improving the health of a population.

van den Bosch M, Bird W, Frumkin H, editors

*“This book provides a broad outlook of the role of nature in public health.”*



Human Early Learning Partnership.

A National Symposium for Child Well-Being in the Middle Years. 2018 Aug 20-21.  
(registration is open)

The Middle Years Development Instrument: Research Brief. 2017.

HUMAN  
EARLY LEARNING  
PARTNERSHIP

## HUMAN DEVELOPMENT RESEARCH REVIEW

### HELP FACULTY and AFFILIATE (selected publications)

1. Gerlach A. **Exploring socially-responsive approaches to children's rehabilitation with Indigenous communities, families and children.** Prince George, BC: National Collaborating Center for Aboriginal Health; 2018 Mar. Available from: [https://www.ccsa-nccah.ca/495/Exploring\\_socially-responsive\\_approaches\\_to\\_children%E2%80%99s\\_rehabilitation\\_with\\_Indigenous\\_communities\\_families\\_and\\_children.nccah?id=235](https://www.ccsa-nccah.ca/495/Exploring_socially-responsive_approaches_to_children%E2%80%99s_rehabilitation_with_Indigenous_communities_families_and_children.nccah?id=235).

### HELP RESOURCES

1. Human Early Learning Partnership. **HELP Newsletter: Collaborative Action: A National Symposium for Child Well-being in the Middle Years - registration is now open.** Vancouver, BC: HELP; 2018 Mar. Available from: <http://mailchi.mp/ubc/help-may-2017-newsletter-1263413?e=609d4a0370>.

### BIOLOGY/NEUROBIOLOGY (“early experiences”)

1. Barker ED. **Epigenetics, early adversity and child and adolescent mental health.** Psychopathology. 2018. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/29478063>.
2. Del Giudice M, Barrett ES, Belsky J, Hartman S, Martel MM, Sangenstedt S, et al. **Individual differences in developmental plasticity: A role for early androgens?** Psychoneuroendocrinology. 2018;90:165-73. Available from: <http://www.sciencedirect.com/science/article/pii/S0306453017316554>.

### CHILDCARE, ECD SERVICES

1. Government of British Columbia. **Child Care BC. Frequently Asked Questions.** Victoria, BC: Government of BC; 2018 Mar. Available from: [https://www2.gov.bc.ca/assets/gov/family-and-social-supports/child-care/stakeholder\\_faq\\_qa\\_child\\_care\\_final.pdf](https://www2.gov.bc.ca/assets/gov/family-and-social-supports/child-care/stakeholder_faq_qa_child_care_final.pdf).

### CHILD DEVELOPMENT (GENERAL)

1. Aston R. **Physical health and well-being in children and youth. Review of the literature.** OECD Education Working Papers. 2018;170(39). Available from: [http://www.oecd-ilibrary.org/education/physical-health-and-well-being-in-children-and-youth\\_102456c7-en](http://www.oecd-ilibrary.org/education/physical-health-and-well-being-in-children-and-youth_102456c7-en).
2. Wolf C, Wolf S, Weiss M, Nino G. **Children’s environmental health in the digital era: Understanding early screen exposure as a preventable risk factor for obesity and sleep disorders.** Children. 2018;5(2):31. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/29473855>.

### INDIGENOUS

1. Greenwood M, de Leeuw S, Lindsay N. **Challenges in health equity for Indigenous peoples in Canada.** The Lancet. 2018. Available from: [http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)30177-6/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30177-6/abstract).

- Henson M, Sabo S, Trujillo A, Teufel-Shone N. **Identifying protective factors to promote health in American Indian and Alaska Native adolescents: a literature review.** *J Prim Prev.* 2017;38(1-2):5-26. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/27826690>.
- Wood L, Kamper D, Swanson K. **Spaces of hope? Youth perspectives on health and wellness in Indigenous communities.** *Health & Place.* 2018;50:137-45. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/29453031>.

## MIDDLE YEARS

- Carter PJ, Hore B, McGarrigle L, Edwards M, Doeg G, Oakes R, et al. **Happy thoughts: Enhancing well-being in the classroom with a positive events diary.** *J Posit Psychol.* 2018;13(2):110-21. Available from: <https://www.tandfonline.com/doi/full/10.1080/17439760.2016.1245770>.
- Corepal R, Tully MA, Kee F, Miller SJ, Hunter RF. **Behavioural incentive interventions for health behaviour change in young people (5–18 years old): A systematic review and meta-analysis.** *Prev Med.* 2018;110:55-66. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/29432789>.

## PARTNERSHIPS, HUBS, INTEGRATED CENTRES/SERVICES

### POLICY, PRACTICE, INTERVENTIONS

- Barlow J, Coren E. **The effectiveness of parenting programs: A review of Campbell reviews.** *Research on Social Work Practice.* 2018;28(1):99-102. Available from: <http://journals.sagepub.com/doi/pdf/10.1177/1049731517725184>.
- Chief Public Health Office. **Children’s Report 2017.** Charlottetown, PEI: Government of Prince Edward Island; 2018 Jan. Available from: [https://www.princeedwardisland.ca/sites/default/files/publications/pei\\_childrens\\_report\\_web\\_2017\\_2.pdf](https://www.princeedwardisland.ca/sites/default/files/publications/pei_childrens_report_web_2017_2.pdf)
- Skouteris H, Bailey C, Nagle C, Hauck Y, Bruce L, Morris H. **Interventions designed to promote exclusive breastfeeding in high-income countries: A systematic review update.** *Breastfeed Med.* 2017;12(10):604-14. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/28885859>.

## SCREENING (tools, methods, school readiness, etc)

### SOCIAL DETERMINANTS

- Alvarez EC, Kawachi I, Romani JR. **Family social capital and health – a systematic review and redirection.** *Sociol Health Illn.* 2017;39(1):5-29. Available from: <http://dx.doi.org/10.1111/1467-9566.12506>.
- Elgar FJ, Gariépy G, Torsheim T, Currie C. **Early-life income inequality and adolescent health and well-being.** *Soc Sci Med.* 2017;174:197-208. Available from: <http://www.sciencedirect.com/science/article/pii/S0277953616305822>.
- Gagne T, Ghenadenik AE. **Rethinking the relationship between socioeconomic status and health: Challenging how socioeconomic status is currently used in health inequality research.** *Scand J Public Health.* 2018;46(1):53-6. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/29199914>.
- Hoyniak CP, Bates JE, Staples AD, Rudasill KM, Molfese DL, Molfese VJ. **Child sleep and socioeconomic context in the development of cognitive abilities in early childhood.** *Child Dev.* 2018. Available from: <http://dx.doi.org/10.1111/cdev.13042>.

- Wang X, Maguire-Jack K. **Family and environmental influences on child behavioral health: the role of neighborhood disorder and adverse childhood experiences.** *J Dev Behav Pediatr.* 2018;39(1):28-36. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/28914730>.

## SOCIOEMOTIONAL

- Johnson AD, Markowitz AJ. **Associations between household food insecurity in early childhood and children's kindergarten skills.** *Child Dev.* 2018;89(2):e1-e17. Available from: <http://dx.doi.org/10.1111/cdev.12764>.

## MEDIA (HELP general)

### SPECIAL – Happiness, well-being

- Anand P. **Happiness, well-being and human development: The case for subjective measures.** New York: UNDP Human Development Report; 2016. Available from: [http://hdr.undp.org/sites/default/files/anand\\_template\\_rev.pdf](http://hdr.undp.org/sites/default/files/anand_template_rev.pdf).
- Buettner D. **These are the world's happiest places.** National Geographic. 2017 Nov. Available from: <https://www.nationalgeographic.com/magazine/2017/11/worlds-happiest-places/>.
- Buettner D. **The blue zones of happiness.** National Geographic. 2017 Nov. Available from: <https://shop.nationalgeographic.com/product/books/books/health-and-wellness/the-blue-zones-of-happiness>.
- Helliwell J, Layard R, Sachs J. **World Happiness Report 2018.** New York: Sustainable Development Solutions Network; 2018. Available from: <http://worldhappiness.report/>.
- Human Early Learning Partnership. **Interpreting the Well-Being Index.** Vancouver, BC: Human Early Learning Partnership; 2012. Available from: [http://earlylearning.ubc.ca/media/documents/MDI%20Toolkit%20Documents/tools\\_interpreting\\_wb\\_in\\_dex\\_oct2014.pdf](http://earlylearning.ubc.ca/media/documents/MDI%20Toolkit%20Documents/tools_interpreting_wb_in_dex_oct2014.pdf).
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- McCormick R. **Does access to green space impact the mental well-being of children: A systematic review.** *J Pediatr Nurs.* 2017;37:3-7. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/28882650>.
- McMahan EA. **Happiness comes naturally: Engagement with nature as a route to positive subjective well-being.** In: E. Diener, Oishi S, Tay L, editors. *Handbook of well-being.* Salt Lake City, UT: DEF Publishers; 2018. Available from: [https://digitalcommons.wou.edu/cgi/viewcontent.cgi?article=1039&context=fac\\_pubs](https://digitalcommons.wou.edu/cgi/viewcontent.cgi?article=1039&context=fac_pubs).
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