

HUMAN DEVELOPMENT RESEARCH REVIEW

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Human Development Research Review: Aims and Scope

HELP’s Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Aboriginal children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. How to access the items? Click on the link related to each entry and it should take you to the item. Not all links are open access; some are abstract links where paid journal subscription is required.

HELP Reads is posted monthly; please see: www.earlylearning.ubc.ca/library/citations

EDITOR PICKS

Promoting positive youth development through school-based social and emotional learning interventions: a meta-analysis of follow-up effects

Co author: Eva Oberle, Assistant Professor, Human Early Learning Partnership, UBC

“Social-emotional learning programs teach the skills that children need to succeed and thrive in life. We know these programs have an immediate positive effect so this study wanted to assess whether the skills stuck with students over time, making social-emotional learning programs a worthwhile investment of time and financial resources in schools.”



Profiles of children’s socio-emotional health at school entry and associated income, gender and language inequalities: a cross-sectional population-based study in British Columbia, Canada

Lead author: Kimberly Thomson, HELP PhD student; 2017.

“Over 40% of children exhibited some vulnerability in early social–emotional health, and profiles were associated with sociodemographic factors... This study adds to our understanding of population-level distributions of children’s early social–emotional health and identifies profiles of strengths and vulnerabilities that can inform future intervention efforts.”



Epigenomic susceptibility to the social world: plausible paths to a “newest morbidity”

Dr. W Thomas Boyce, Adjunct Professor, UBC

In this paper, Boyce details how the research agenda has led, over the past forty years, to the advent of psychoneuroimmunology as a field of study, to the recognition of childhood stress and adversity as potential etiologic agents among childhood morbidities, and to the discovery of differential susceptibility to social adversities within populations of children.



Kind communities – a bridge to youth mental wellness

Lady Gaga Foundation – “Some of our key survey findings include: kindness matters, peer networks matter, and mental health resources matter...”

HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

1. Alkon A, Boyce WT, Neilands TB, Eskenazi B. **Children's autonomic nervous system reactivity moderates the relations between family adversity and sleep problems in Latino 5-year olds in the CHAMACOS Study.** Front Public Health. 2017;5:155. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/28713808>.
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BIOLOGY/NEUROBIOLOGY ("early experiences")

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5. Thomas JC, Letourneau N, Bryce CI, Campbell TS, Giesbrecht GF, The ASTc. **Biological embedding of perinatal social relationships in infant stress reactivity.** Dev Psychobiol. 2017;59(4):425-35. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/28220490>.

CHILDCARE, ECD SERVICES

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PARTNERSHIPS, HUBS, INTEGRATED CENTRES/SERVICES

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SCREENING (tools, methods, school readiness, etc)

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MEDIA (Kershaw, Generation Squeeze)

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SPECIAL

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Michele Wiens, Senior Manager
(Knowledge Management)
Email michele.wiens@ubc.ca

Faculty of Medicine, SPPH
2206 East Mall, UBC
Vancouver, BC V6T 1Z3
Phone 604. 822. 1278
Email earlylearning@ubc.ca
Web www.earlylearning.ubc.ca