

# HUMAN DEVELOPMENT RESEARCH REVIEW

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### *Human Development Research Review: Aims and Scope*

HELP’s Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Indigenous children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. How to access the items? Click on the link related to each entry and it should take you to the item. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly; please see: [www.earlylearning.ubc.ca/library/citations](http://www.earlylearning.ubc.ca/library/citations).

## EDITOR PICKS

Predictors of household food insecurity and relationship with obesity in First Nations communities in British Columbia, Manitoba, Alberta and Ontario.

Martin Guhn, Assistant Professor, Human Early Learning Partnership

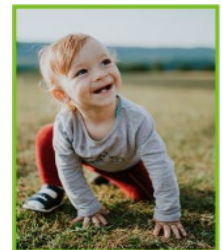
*“The interrelated challenges of food insecurity and obesity in First Nations communities emphasize the need for Indigenous-led, culturally appropriate and food sovereign approaches to food security and nutrition....”*



Toddler Development Instrument (TDI): What is it and why is it important?

Human Early Learning Partnership

*“This video provides An overview of the Toddler Development Instrument (TDI) and why capturing such information is so important.”*



Effectiveness of a SEL/mindfulness program on Northern Ugandan children.

Kim Schonert-Reichl (right), Director, Human Early Learning Partnership

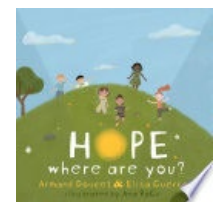
*“MindUp children reported significant decreases in anger, hostility, and rejection; were reported by their teachers to be higher in positive affect and empathic behaviors; and showed greater increases in academic grades over the duration of the program in contrast to children who did not receive MindUp.”*



Hope, where are you?

Armand Doucet, Elisa Guerra

*“This is a free children's book featuring the stories of six children around the world who are experiencing school closures.”*



[BounceBack®](#) .[Coping with COVID-19]

Canadian Mental Health Association

*“BounceBack® is a free skill-building program designed to help adults and youth 15+ manage low mood, mild to moderate depression, anxiety, stress or worry.”*



## HUMAN DEVELOPMENT RESEARCH REVIEW

### HELP FACULTY and AFFILIATE (selected publications)

1. Domingo A, Spiegel J, Guhn M, Wittman H, Ing A, Sadik T, et al. Predictors of household food insecurity and relationship with obesity in First Nations communities in British Columbia, Manitoba, Alberta and Ontario. *Public Health Nutr.* 2020;1-13. Available from: <https://doi.org/10.1017/S1368980019004889>.
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2. Shafer K, Renick AJ. **Depressive Symptoms and Father Involvement in Canada: Evidence from a National Study.** *Can Rev Sociol.* 2020. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/32419351>.
3. Sherwood WB, Kothalawala DM, Kadalayil L, Ewart S, Zhang H, Karmaus W, et al. **Epigenome-Wide Association Study Reveals Duration of Breastfeeding Is Associated with Epigenetic Differences in Children.** *Int J Environ Res Public Health.* 2020;17(10):3569. Available from: <https://www.mdpi.com/1660-4601/17/10/3569>.
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4. Pyle A, Bennett J, editors. **Child care – Early childhood education and care.** Montreal, QC: Encyclopedia on Early Childhood Development; 2020. Available from: <http://www.child-encyclopedia.com/sites/default/files/dossiers-complets/en/child-care-early-childhood-education-and-care.pdf>.

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## SCREENING (tools, methods, school readiness, etc)

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## SPECIAL - Children's Environmental Health

1. Build Up. **The inside story: Health effects of indoor air quality on children and young people.** Italy: Build Up; 2020 Jan 31. Available from: <https://www.buildup.eu/en/practices/publications/inside-story-health-effects-indoor-air-quality-children-and-young-people>.
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### Mental Health

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### General

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